

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



October 2022



	<h1>October 2022</h1>					
<p>8:00 AM Breakfast 2 9:15 AM Catholic Services on TV 11:00 AM Inspirational TV 12:00 PM Lunch 1:30 PM Mindful Movement</p>	<p>8:00 AM Breakfast 3 10:00 AM Morning Stretches 11:00 AM Current Events 12:00 PM Lunch 1:00 PM Music with Maddaline 2:15 PM: Art stations</p>	<p>8:00 AM Breakfast 4 10:00 AM 11:00 AM Garden Stroll 12:00 PM Lunch 1:30 PM Group stretches "Arms" 2:30 PM Bingo 3:30 PM finish the drawing</p> <p style="text-align: center;">Yom Kippur Begins</p>	<p>8:00 AM Breakfast 5 10:00 AM Morning exercise 11:00 AM Music with Angel 12:00 PM Lunch 1:30 PM Jack-o-lantern sun catchers 3:00 PM Ice Cream Social</p>	<p>8:00 AM Breakfast 6 10:00 AM Streach and Breathe 11:00 AM Weekly News 12:00 PM Lunch 2:30 PM Garden Strolls</p>	<p>8:00 AM Breakfast 7 10:00 AM Activity Stations 11:00 AM Music with Chip Curry 12:00 PM Lunch 2:00 PM Friday Movie!</p>	<p>8:00 AM Breakfast 8 10:00 AM News updates 11:00 AM Morning meditation 12:00 PM Lunch 1:00 PM Art & Music</p>
<p>8:00 AM Breakfast 9 9:15 AM Catholic Services on TV 11:00 AM Inspirational TV 12:00 PM Lunch 1:30 PM Mindful Movement</p> <p style="text-align: center;">Sukkot Begins</p>	<p>8:00 AM Breakfast 10 10:00 AM Morning Stretches 11:00 AM Current Events 12:00 PM Lunch 1:00 PM Art Stations 2:15 PM: Furry Friends</p> <p style="text-align: center;">Columbus Day (US) Indigenous Peoples' Day</p>	<p>8:00 AM Breakfast 11 10:00 AM 11:00 AM Sensory Stations 12:00 PM Lunch 1:30 PM Group stretches "Legs" 2:30 PM Time Bingo 3:30 PM Fall Water color</p>	<p>8:00 AM Breakfast 12 10:00 AM Morning Exercise 11:00 AM Music with Angel 12:00 PM Lunch 1:30 PM Air Dry Clay pumpkins 3:00 PM Ice Cream Social</p>	<p>8:00 AM Breakfast 13 10:00 AM Streach and Breathe 11:00 AM Weekly News 12:00 PM Lunch 2:30 PM Garden Strolls</p>	<p>8:00 AM Breakfast 14 10:00 AM Activity Stations 11:00 AM Music with Timo 12:00 PM Lunch 2:00 PM Friday Movie!</p>	<p>8:00 AM Breakfast 15 10:00 AM News updates 11:00 AM Morning meditation 12:00 PM Lunch 1:00 PM Art & Music</p>
<p>8:00 AM Breakfast 16 9:15 AM Catholic Services on TV 11:00 AM Inspirational TV 12:00 PM Lunch 1:30 PM Mindful Movement</p>	<p>8:00 AM Breakfast 17 10:00 AM Morning Stretches 11:00 AM Current Events 12:00 PM Lunch 1:00 PM Music with Peter Cor 2:15 PM: Drawing Lesson: color by numbers</p> <p style="text-align: center;">Simchat Torah Begins</p>	<p>8:00 AM Breakfast 18 10:00 AM 11:00 AM Garden Stroll 12:00 PM Lunch 1:30 PM Movement " Catching and Throwing" 2:30 PM Bingo 3:30 PM October dot painting</p>	<p>8:00 AM Breakfast 19 10:00 AM Morning Exercise 11:00 AM Music with Angel 12:00 PM Lunch 1:30 PM Drawing 101 3:00 PM Ice Cream Social</p>	<p>8:00 AM Breakfast 20 10:00 AM Streach and Breathe 11:00 AM Weekly News 12:00 PM Lunch 2:30 PM Garden Strolls</p>	<p>8:00 AM Breakfast 21 10:00 AM Activity Stations 11:00 AM Music with Timo 12:00 PM Lunch 2:00 PM Friday Movie!</p>	<p>8:00 AM Breakfast 22 10:00 AM News updates 11:00 AM Morning meditation 12:00 PM Lunch 1:00 PM Art & Music</p>
<p>8:00 AM Breakfast 23 9:15 AM Catholic Services on TV 11:00 AM Inspirational TV 12:00 PM Lunch 1:30 PM Mindful Movement</p>	<p>8:00 AM Breakfast 24 10:00 AM Morning Stretches 11:00 AM Current Events 12:00 PM Lunch 1:00 PM Music with Dave Coldren 2:15 PM pumpkin sun catcher</p> <p style="text-align: center;">Diwali (Hindi)</p>	<p>8:00 AM Breakfast 25 10:00 AM 11:00 AM Sensory Stations 12:00 PM Lunch 1:30 PM 2:30 PM Bingo</p>	<p>8:00 AM Breakfast 26 10:00 AM Morning Exercise 11:00 AM Music with Angel 12:00 PM Lunch 1:30 PM Cotton Ball Ghosts 3:00 PM Ice Cream Social</p>	<p>8:00 AM Breakfast 27 10:00 AM Morning Yoga 11:00 AM Weekly News 12:00 PM Lunch 2:45 PM Music with Chip Curry</p>	<p>8:00 AM Breakfast 28 10:00 AM Activity Stations 11:00 AM Music with Timo 12:00 PM Lunch 2:00 PM Friday Movie!</p>	<p>8:00 AM Breakfast 29 10:00 AM News updates 11:00 AM Morning meditation 12:00 PM Lunch 1:00 PM Art & Music</p>
<p>8:00 AM Breakfast 30 9:15 AM Catholic Services on TV 11:00 AM Inspirational TV 12:00 PM Lunch 1:30 PM Mindful Movement</p>	<p>8:00 AM Breakfast 31 10:00 AM Morning Stretches 11:00 AM Current Events 12:00 PM Lunch 1:00 PM Music with Dave Coldren 2:15 PM: Art: leaf rubbings</p> <p style="text-align: center;">Halloween</p>					