

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Tea & Scones 1 9:15- Moring Exercise (Chapel) 10:00- Chair Yoga (Chapel) 10:30- ALC2 Exercise (ALC2) 1:45- Jenga Challenge (ALC 2) 3:00-Tea & Scones with Music by Chip Curry (ALC2) 4:00- Brain Fitness (Computer Lab)	Afternoon Movie 2 9:15- Resident Led Morning Exercise (Chapel) 10:30- Morning Exercise (ALC2) 1:45 - Afternoon Movie & Popcorn "Ice Castles" (Tubi) (Chapel) 3:30 – Bingo! Bingo! (ALC 2)
Church Services 3 9:15 - Catholic Communion (Skilled Nursing) 11:00 - Chapel Service (Chapel) 1:00 – Prayer Group (Library) 2:00 – Happy Nails & Hand Massages (ALC 2) 3:00 – Arts & Crafts with Lynette (Library)	Cooking Class 4 9:30 – Morning Exercise (Chapel) 10:30 – Exercise Group (ALC 2) 1:00 – Hand & Foot Card Game (Library) 1:00 – Let’s Talk (Computer Lab) 1:45 – Make Your Own Pizza Grilled Cheese (ALC 2) 3:00 – Live Entertainment with Zachary Campos (ALC 2) 4:00 – Brain Fitness (Computer Lab)	Pizza Tuesdays/Bingo! Bingo! 5 9:15 – Morning Exercise (Chapel) 10:00 – Chair Yoga (Chapel) 10:30 – ALC Exercise (ALC 2) 1:00 – Live Entertainment with Timo on Steel Drums (ALC 2) 1:45 – Bingo (ALC 2) 3:00 – IN2L: Family Feud 3:30 – Pizza Tuesday’s (ALC 2) 4:00 – Brain Fitness (Computer Lab)	Milkshake Cart 6 9:30 – Morning Exercise (Chapel) 10:30 – Exercise Group (ALC 2) 1:00 – Mexican Train (Library) 2:45- Milkshake Cart (ALC1) 3:00 – Live Entertainment with Abraham Vasquez on Saxophone (ALC 2) 4:00- Brain Fitness (Computer Lab)	Bingo! Bingo! Outing 7 9:30 – Morning Exercise (Chapel) 10:00 – Oakridge Mall Outing & Lunch at Cheesecake (PLEASE RSVP) 10:30 – Exercise Group (ALC 2) 11:00 Daily Chronicle Pass Out (ALC 2) 1:30- Bible Study (Library) 2:30- Music with Evelyn (ALC 2) 3:30- Bingo! (ALC2) 4:00- Brain Fitness (Computer Lab)	Tea & Scones 8 9:15- Moring Exercise (Chapel) 10:00- Chair Yoga (Chapel) 10:30- ALC2 Exercise (ALC2) 1:45- Tetris Challenge (ALC 2) 3:00- Tea & Scones with Music by Timo on Steel Drums (ALC2) 4:00- Brain Fitness (Computer Lab)	Afternoon Movie 9 9:15- Resident Led Morning Exercise (Chapel) 10:30- Morning Exercise (ALC2) 1:45 - Afternoon Movie & Popcorn "Elvis" (Max) (Chapel) 3:30 – Bingo! Bingo! (ALC 2) 5:00- Performance by Timo on Steel Drums (Dining Room)
Church Services 10 9:15 - Catholic Communion (Skilled Nursing) 11:00 - Chapel Service (Chapel) 1:00 – Prayer Group (Library) 2:00 – Basketball Games (ALC 2) 3:00 – Arts & Crafts with Lynette (Library)	Cooking Class/ Furry Friends 11 9:30 – Morning Exercise (Chapel) 10:30 – Exercise Group (ALC 2) 1:00 – Hand & Foot Card Game (Library) 1:00 – Let’s Talk (Computer Lab) 1:45 – Make Your Own Pancake Muffin (ALC 2) 3:00 – Live Entertainment with Rey Aberin (ALC 2) 3:30 – Furry Friends Visit (ALC 2) 4:00 – Brain Fitness (Computer Lab)	Bingo! Bingo! 12 9:15 – Morning Exercise (Chapel) 10:00 – Chair Yoga (Chapel) 10:30 – ALC Exercise (ALC 2) 1:45 – Bingo (ALC 2) 3:00 – IN2L: Balloon Burst 4:00 – Brain Fitness (Computer Lab)	Ice Cream Cart 13 9:30 – Morning Exercise (Chapel) 10:30 – Exercise Group (ALC 2) 1:00 – Mexican Train (Library) 1:30- Music with David Seznic (ALC2) 2:45- Ice-Cream Cart (ALC1) 3:00 - 4:00- Brain Fitness (Computer Lab)	Bingo,Bingo! 14 9:30 – Morning Exercise (Chapel) 10:30 – Exercise Group (ALC 2) 11:00- Daily Chronicle Pass Out (ALC 2) 1:30- Bible Study (Library) 2:30- Guggenheim Trivia (ALC 2) 3:30- Bingo! (ALC2) 4:00- Brain Fitness (Computer Lab)	Tea & Scones/ Outing 15 9:00 – Walt Disney Museum & Lunch (Please RSVP) 9:15- Moring Exercise (Chapel) 10:00- Chair Yoga (Chapel) 10:30- ALC2 Exercise (ALC2) 1:45 – Jenga Challenge (ALC 2) 3:00-Tea & Scones with Music by Timo on Steel Drum (ALC2) 4:00- Brain Fitness (Computer Lab)	Afternoon Movie 16 9:15- Resident Led Morning Exercise (Chapel) 10:30- Morning Exercise (ALC2) 1:30 – Performance by Larry & Ouida (Chapel) 3:30 – Bingo! Bingo! (ALC 2)
St. Patrick’s Day 17 9:15 - Catholic Communion (Skilled Nursing) 11:00 - Chapel Service (Chapel) 1:00 – Prayer Group (Library) 2:00 – Happy Nails & Hand Massages (ALC 2) 3:00 – Arts & Crafts with Lynette (Library)	Cooking Class 18 9:30 – Morning Exercise (Chapel) 10:30 – Exercise Group (ALC 2) 1:00- Hand & Foot Card Game (Library) 1:00 – Let’s Talk (Computer Lab) 1:45 – Make Your Own Cheesy Bean Rice Burrito (ALC 2) 3:00- Live Entertainment with Peter Cor (ALC 2) 4:00- Brain Fitness (Computer Lab)	Bingo! Bingo! Outing 19 NO CHAIR YOGA 9:00 – Monterey Bay Aquarium & Lunch (PLEASE RSVP) 9:15 – Morning Exercise (Chapel) 10:00 – Chair Yoga (Chapel) - CANCELLED 10:30 – ALC Exercise (ALC 2) 1:45 – Bingo (ALC 2) 3:00 – IN2L: Trivia Collection 4:00 – Brain Fitness (Computer Lab)	Milkshake Cart 20 Resident Birthday Celebrations 9:30 – Morning Exercise (Chapel) 10:30 – Exercise Group (ALC 2) 1:00 – Mexican Train (Library) 1:30- Music with David Seznic (ALC2) 2:45- Milkshake Cart (ALC1) 4:00- Brain Fitness (Computer Lab) 5:00 – March Birthday Celebrations with Live Entertainment by Ed Robledo (Manor Dining Room)	Bingo,Bingo!Outing 21 9:30 – Morning Exercise (Chapel) 10:30 – Exercise Group (ALC 2) 11:00- Daily Chronicle Pass Out (ALC 2) 1:30- Bible Study (Library) 2:30- Music with Evelyn (ALC 2) 3:30- Bingo! (ALC2) 4:00- Brain Fitness (Computer Lab)	Tea & Scones 22 NO CHAIR YOGA 9:15- Moring Exercise (Chapel) 10:00- Chair Yoga (Chapel) - CANCELLED 10:30- ALC2 Exercise (ALC2) 1:45 – Tetris Challenge (ALC 2) 3:00- Tea & Scones with Live Entertainment with Rey Aberin (ALC 2) 4:00- Brain Fitness (Computer Lab)	No Chapel Exercise Today 23 9:30- Indian Community Church Choir (Chapel) 10:30 Morning Exercise (ALC 2) 1:45 - Afternoon Movie & Popcorn "Les Miserables" (Amazon) (Chapel) 3:30 – Bingo! Bingo! (ALC 2)
9:15 - Catholic Communion (Skilled Nursing) 11:00 - Chapel Service (Chapel) 1:00 – Prayer Group (Library) 2:00 – Basketball Games (ALC 2) 3:00 – Arts & Crafts with Lynette (Library)	Resident Council Meeting/ Furry Friends Visit/ Outing 25 9:00 – Johns Breakfast Diner & Thrift Box Outing (PLEASE RSVP) 9:30 – Morning Exercise (Chapel) 10:30 – Exercise Group (ALC 2) 1:00 – Hand & Foot Card Game (Library) 1:00 – Let’s Talk (Computer Lab) 1:45 – Resident Council (Chapel) 3:00 – Live Entertainment with Richard Sanico (ALC 2) 3:30 – Furry Friends Visit (ALC 2) 4:00 – Brain Fitness (Computer Lab)	Bingo! Bingo! 26 9:15 – Morning Exercise (Chapel) 10:00 – Chair Yoga (Chapel) 10:30 – ALC Exercise (ALC 2) 1:45 – Bingo (ALC 2) 3:00 – IN2L: Family Feud 4:00 – Brain Fitness (Computer Lab)	Ice Cream Cart 27 9:30 – Morning Exercise (Chapel) 10:30 – Exercise Group (ALC 2) 1:00 – Mexican Train (Library) 2:45- Ice Cream Cart (ALC1) 3:00 – Live Entertainment with Verlene Schermer on Harp (ALC 2) 4:00- Brain Fitness (Computer Lab)	Bingo,Bingo! 28 9:30 – Morning Exercise (Chapel) 10:30 – Exercise Group (ALC 2) 11:00- Daily Chronicle Pass Out (ALC 2) 1:30- Bible Study (Library) 2:30 – Guggenheim Trivia (ALC 2) 3:30- Bingo! (ALC2) 4:00- Brain Fitness (Computer Lab)	Easter Event/ Tea & Scones 29 Outing 9:15- Moring Exercise (Chapel) 10:00- Chair Yoga (Chapel) 10:30- ALC2 Exercise (ALC2) 1:45 – Easter Event with Treats and Beverages in Manor Dining Room (PLEASE RSVP) 3:00- Tea & Scones with Live Entertainment with Chip Curry (ALC 2) 4:00- Brain Fitness (Computer Lab)	9:15- Resident Led Morning Exercise (Chapel) 10:30 Morning Exercise (ALC 2) 1:45 - Afternoon Movie & Popcorn "The Greatest Showman" (Disney Plus) (Chapel) 3:30 – Bingo! Bingo! (ALC 2)
Easter Sunday 31 9:15 - Catholic Communion (Skilled Nursing) 11:00 - Chapel Service (Chapel) 1:00 – Prayer Group (Library) 2:00 – Happy Nails & Hand Massages (ALC 2) 3:00 – Arts & Crafts with Lynette (Library)	<div style="border: 2px solid black; padding: 10px; text-align: center;"> <h1 style="margin: 0;">ACTIVITIES CALENDAR FOR LINCOLN GLEN MANOR & ASSISTED LIVING</h1> </div>					

Calendar Subject to Change... Please Check the Large Calendar for Updates & Changes as Well as the Podium for Announcements and Flyers. Call Chelsea Chanduloy if you are not sure 408-265-3222 ext. 127

VAN SERVICE AVAILABLE – Please Contact Michelle ROSAS (408) 265-3222