

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



<p>10:00- Chapel Services <b>3</b> 11:00- Group Fitness: Breathe and Stretch</p> <p>1:30- Art Club 3:00- 1:1 In Rooms (All Stations) 4:00- iN2L Games: The Price is Right</p>	<p>9:45- Music and Memory (Apricot) <b>4</b> 10:15- Coffee Social 11:00- Outside Strolls</p> <p>1:30- Afternoon Yoga 2:00- 4th of July Celebration</p> <p><b>FOURTH of JULY CELEBRATION</b></p>	<p>9:45- Music and Memory (Plum) <b>5</b> 10:15- Coffee Social 11:00- Musical Muscles with Michelle</p> <p>2:00- 1:1 In Rooms (Plum) 3:00- Trivia in the Garden 4:00- Fit Games: Bowling</p>	<p>9:45- Music and Memory (Cherry) <b>6</b> 10:15- Coffee Social 11:00- Standing Superman Strength</p> <p>2:00PM- Cooking Club 3:30- Short Stories 4:00- 1:1 In Rooms (Apricot)</p>	<p>10:15- Coffee Social <b>7</b> 11:00- Garden Strolls</p> <p>1:30PM- 1:1 In Rooms (Cherry) 2:00PM- Stay Fit for Life with Nicole! 3:30PM- Casual In-rooms</p>	<p>10:00- Music with Timo <b>8</b> 10:00- Coffee Social 11:00- Morning stretches</p> <p>1:30- Music and Memory 2:00- Casual In-rooms 3:00- Friday Movie and Ice Cream 4:00- 1:1 In Rooms (Plum)</p> <p>Canada Day</p>	<p>9:30- Music and Memory <b>9</b> 10:15- Coffee Social 11:00- Weekly News Updates</p> <p>2:30- 1:1 In Rooms (Cherry) 3:30- The Zen Room (Blossom Lounge) 4:00- Bingo</p>
<p>10:00- Chapel Services <b>10</b> 11:00- Group Fitness: Strong Arms</p> <p>1:30- Art Club 3:00- 1:1 In Rooms (All Stations) 4:00- iN2L Games: Jeopardy</p>	<p>9:30- Music and Memory (Apricot) <b>11</b> 10:15- Coffee Social 11:00- Outside Strolls</p> <p>1:30- Afternoon Yoga 2:00- Furry Friends 3:00- Music with Dave Coldren 4:00- 1:1 In Rooms (Apricot)</p>	<p>9:45- Music and Memory (Plum) <b>12</b> 10:15- Coffee Social 10:30- Music with Larry &amp; Ouida</p> <p>2:00- 1:1 In Rooms (Plum) 3:00- Trivia in the Garden 4:00- Fit Games: Tennis</p>	<p>9:45- Music and Memory (Cherry) <b>13</b> 10:15- Coffee Social 11:00- Standing Superman Strength</p> <p>1:30PM- The Zen Room (Blossom Lounge) 3:30- Short Stories 4:00- 1:1 In Rooms (Apricot)</p>	<p>10:15- Coffee Social <b>14</b> 11:00- Garden Strolls</p> <p>1:30PM- 1:1 In Rooms (Cherry) 2:00PM- Stay Fit for Life with Nicole! 3:00PM- Ceramics with Harriet 4:00PM- Music with Maddaline</p>	<p>10:00- Music with Timo <b>15</b> 10:00- Coffee Social 11:00- Morning stretches</p> <p>1:30- Music and Memory 2:00- Casual In-rooms 3:00- Friday Movie and Ice Cream 4:00- 1:1 In Rooms (Plum)</p>	<p>9:30- Music and Memory <b>16</b> 10:15- Coffee Social 11:00- Weekly News Updates</p> <p>2:30- 1:1 In Rooms (Cherry) 3:30- The Zen Room (Blossom Lounge) 4:00- Bingo</p>
<p>10:00- Chapel Services <b>17</b> 11:00- Group Fitness: Leg day</p> <p>1:30- Art Club 3:00- 1:1 In Rooms (All Stations) 4:00- iN2L Games: Trivia</p>	<p>9:30- Music and Memory (Apricot) <b>18</b> 10:15- Coffee Social 11:00- Outside Strolls</p> <p>2:00- Resident Council Meeting 3:00- Music with Dave Coldren 4:00- 1:1 In Rooms (Apricot)</p>	<p>9:45- Music and Memory (Plum) <b>19</b> 10:15- Coffee Social 11:00- Musical Muscles with Michelle</p> <p>2:00- 1:1 In Rooms (Plum) 3:00- Trivia in the Garden 4:00- Fit Games: Basketball</p>	<p>9:45- Music and Memory (Cherry) <b>20</b> 10:15- Coffee Social 11:00- Standing Superman Strength</p> <p>2:00PM- Cooking Club 3:30- Short Stories 4:00- 1:1 In Rooms (Apricot)</p>	<p>10:15- Coffee Social <b>21</b> 11:00- Garden Strolls</p> <p>1:30PM- 1:1 In Rooms (Cherry) 2:00PM- Stay Fit for Life with Nicole! 3:30PM- Casual In-rooms</p>	<p>10:00- Music with Timo <b>22</b> 10:00- Coffee Social 11:00- Morning stretches</p> <p>1:30- Music and Memory 2:00- Casual In-rooms 3:00- Friday Movie and Ice Cream 4:00- 1:1 In Rooms (Plum)</p>	<p>9:30- Music and Memory <b>23</b> 10:15- Coffee Social 11:00- Weekly News Updates</p> <p>2:30- 1:1 In Rooms (Cherry) 3:30- The Zen Room (Blossom Lounge) 4:00- Bingo</p>
<p>10:00- Chapel Services <b>24</b> 11:00- Group Fitness: Yoga</p> <p>1:30- Art Club 3:00- 1:1 In Rooms (All Stations) 4:00- iN2L Games: Bingo</p>	<p>9:30- Music and Memory (Apricot) <b>25</b> 10:15- Coffee Social 11:00- Outside Strolls</p> <p>1:30- Afternoon Yoga 3:00- Music with Dave Coldren 4:00- 1:1 In Rooms (Apricot)</p>	<p>9:45- Music and Memory (Plum) <b>26</b> 10:15- Coffee Social 11:00- Musical Muscles with Michelle</p> <p>2:00- 1:1 In Rooms (Plum) 3:00- Music with Maddaline 4:00- Gentlemen's hour</p>	<p>9:45- Music and Memory (Cherry) <b>27</b> 10:15- Coffee Social 11:00- Standing Superman Strength</p> <p>1:30PM- Ladies of Leisure: Puzzles 3:30- Short Stories 4:00- 1:1 In Rooms (Apricot)</p>	<p>10:15- Coffee Social <b>28</b> 11:00- Garden Strolls</p> <p>1:30PM- 1:1 In Rooms (Cherry) 2:00PM- Stay Fit for Life with Nicole! 2:30PM- Furry Friends 3:00PM- Casual In-rooms</p>	<p>10:00- Coffee Social <b>29</b> 11:00- Morning stretches</p> <p>1:30- Music and Memory 2:00- Casual In-rooms 3:00PM- Ceramics with Harriet 3:00- Friday Movie and Ice Cream 4:00- 1:1 In Rooms (Plum)</p>	<p>9:30- Music and Memory <b>30</b> 10:15- Coffee Social 11:00- Weekly News Updates</p> <p>2:30- 1:1 In Rooms (Cherry) 3:30- The Zen Room (Blossom Lounge) 4:00- Bingo</p>

<p>10:00- Chapel Services <b>31</b> 11:00- Group Fitness: Breathe and Stretch</p> <p>1:30- Art Club 3:00- 1:1 In Rooms (All Stations) 4:00- iN2L Games: The Price is Right</p>
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