

Sunday

Monday

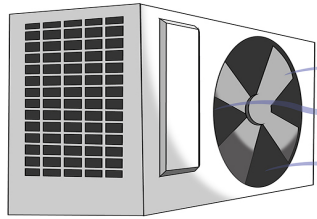
Tuesday

Wednesday

Thursday

Friday

Saturday



9:15 - Sitting Jazzercise 1
 10:00 - Morning Snack
 10:15 - Good News Update
 11:00 - Bean Bag Toss
 12:00 - Lunch
 1:30 - Art Analysis
 2:30 - Guggenhiem
 3:00 - Evening Snack
 4:30 - Short Story Reading

9:15 - Exercise and Cool Down 2
 10:00 - Morning Snack
 10:15 - Good News Update
 11:00 - Dart Ball
 12:00 - Lunch
 1:30 - Interactive Music
 2:30 - Finishing Lines
 3:00 - Evening Snack
 4:30 - Sing Along with Evelyn

9:15 - Sitting Jazzercise 3
 10:00 - Morning Snack
 10:15 - Good News Update
 11:30 - Guggenheim
 12:00 - Lunch
 1:30 - Music Class w/Wiley
 3:00 - WATERMELON DAY
 4:30 - Short Story Reading

9:15 - Exercise and Cool Down 4
 10:00 - Morning Snack
 10:15 - Good News Update
 11:30 - Words with Friends
 12:00 - Lunch
 1:00 - Music with Chip Curry
 2:30 - Survey Says
 3:00 - Evening Snack
 3:30 - Movie "Casa Blanca"

8:00 - Breakfast 5
 10:00 - News updates
 11:00 - Morning meditation
 12:00 - Lunch
 1:00 - Art & Music

8:00 - Breakfast 6
 9:15 - Catholic Services on TV
 11:00 - Lincoln Glen Church
 YouTube Broadcast
 12:00 - Lunch
 1:30 - Mindful Movement
 3:00 - Music with Claire

9:15 - Exercise and Cool Down 7
 10:00 - Morning Snack
 10:15 - Good News Update
 11:30 - Wheel of Fortune
 12:00 - Lunch
 1:00 - Music Hour
 2:30 - Straight Face
 3:00 - Evening Snack
 4:00 - Angel the Harpist

9:15 - Sitting Jazzercise 8
 10:00 - Morning Snack
 10:15 - Good News Update
 11:30 - Jingo Trivia
 12:00 - Lunch
 1:30 - Art Analysis
 2:30 - Two Truths and a Lie
 3:00 - Evening Snack
 4:00 - Music with Ariel

9:15 - Exercise and Cool Down 9
 10:00 - Morning Snack
 10:15 - Good News Update
 11:30 - Charades
 12:00 - Lunch
 2:00 - Music with Larry
 3:00 - Evening Snack
 4:30 - Sing Along with Evelyn

9:15 - Sitting Jazzercise 10
 10:00 - Morning Snack
 10:15 - Good News Update
 11:30 - Finishing Lines
 12:00 - Lunch
 1:30 - Music Class w/Wiley
 3:00 - S'MORES DAY
 4:30 - Short Story Reading

9:15 - Exercise and Cool Down 11
 10:00 - Morning Snack
 10:15 - Transport to Timo
 10:30 - (SNF) Music with Timo
 12:00 - Lunch
 1:30 - Art Analysis
 2:30 - Who Done It?
 3:00 - Evening Snack
 3:30 - Movie "Singin' in The..."

8:00 - Breakfast 12
 10:00 - News updates
 11:00 - Morning meditation
 12:00 - Lunch
 1:00 - Art & Music

8:00 - Breakfast 13
 9:15 - Catholic Services on TV
 11:00 - Lincoln Glen Church
 YouTube Broadcast
 12:00 - Lunch
 1:30 - Mindful Movement

9:15 - Exercise and Cool Down 14
 10:00 - Morning Snack
 10:15 - Good News Update
 11:30 - Common Thread
 12:00 - Lunch
 1:00 - Music with Dave Coldren
 2:30 - "X" or "Check"
 3:00 - Evening Snack
 4:30 - Sing Along with Evelyn

9:15 - Sitting Jazzercise 15
 10:00 - Morning Snack
 10:15 - Good News Update
 11:30 - Pictionary
 12:00 - Lunch
 1:30 - Art Analysis
 2:30 - Jeopardy!
 3:00 - Evening Snack
 4:00 - Music with Ariel

9:15 - Exercise and Cool Down 16
 10:00 - Morning Snack
 10:15 - Good News Update
 11:30 - Guess the Price
 12:00 - Lunch
 1:30 - Tell A Joke Day
 2:30 - Music with Karen
 3:00 - Evening Snack
 4:30 - Sing Along with Evelyn

9:15 - Sitting Jazzercise 17
 10:00 - Morning Snack
 10:15 - Good News Update
 11:30 - Name that Tune
 12:00 - Lunch
 1:30 - Music Class w/Wiley
 3:00 - LEMON MERINGUE PIE
 4:30 - Short Story Reading

9:15 - Exercise and Cool Down 18
 10:00 - Morning Snack
 10:15 - Good News Update
 11:30 - Jingo Trivia
 12:00 - Lunch
 1:30 - Interactive Music
 2:00 - Music with Timo
 3:00 - Evening Snack
 3:30 - Movie "Grease"

8:00 - Breakfast 19
 10:00 - News updates
 11:00 - Morning meditation
 12:00 - Lunch
 1:00 - Art & Music

8:00 - Breakfast 20
 9:15 - Catholic Services on TV
 11:00 - Lincoln Glen Church
 YouTube Broadcast
 12:00 - Lunch
 1:30 - Mindful Movement
 3:00 - Music with Claire

9:15 - Exercise and Cool Down 21
 10:00 - Morning Snack
 10:15 - Good News Update
 11:30 - Classic Bingo
 12:00 - Lunch
 1:00 - Interactive Music
 2:30 - Bean Bag Toss
 3:00 - Evening Snack
 4:30 - Sing Along with Evelyn

9:15 - Sitting Jazzercise 22
 10:00 - Morning Snack
 10:15 - Good News Update
 11:30 - Boggle
 12:00 - Lunch
 1:30 - Art Analysis
 2:30 - Toilet Paper Toss
 3:00 - Evening Snack
 4:30 - Short Story Reading

9:15 - Exercise and Cool Down 23
 10:00 - Morning Snack
 10:15 - Good News Update
 11:30 - Jeopardy!
 12:00 - Lunch
 1:30 - Interactive Music
 2:30 - Dart Ball
 3:00 - Evening Snack
 4:30 - Sing Along with Evelyn

9:15 - Sitting Jazzercise 24
 10:00 - Morning Snack
 10:15 - Good News Update
 11:30 - "X" or "Check"
 12:00 - Lunch
 1:30 - Music Class w/Wiley
 3:00 - PEACH PIE WAFFLES
 4:30 - Short Story Reading

9:15 - Exercise and Cool Down 25
 10:00 - Morning Snack
 10:15 - Good News Update
 11:30 - Two Truths and a Lie
 12:00 - Lunch
 1:00 - Music with Rey A.
 2:30 - Words with Friends
 3:00 - Evening Snack
 3:30 - Movie "Heidi"

8:00 - Breakfast 26
 10:00 - News updates
 11:00 - Morning meditation
 12:00 - Lunch
 1:00 - Art & Music
 3:00 - Angel the Harpist

8:00 - Breakfast 27
 9:15 - Catholic Services on TV
 11:00 - Lincoln Glen Church
 YouTube Broadcast
 12:00 - Lunch
 1:30 - Mindful Movement

9:15 - Exercise and Cool Down 28
 10:00 - Morning Snack
 10:15 - Current Events
 11:30 - Straight Face
 12:00 - Lunch
 1:00 - Music with Dave Coldren
 2:30 - Balloon Volley Ball
 3:00 - Evening Snack
 4:30 - Sing Along with Evelyn

9:15 - Sitting Jazzercise 29
 10:00 - Morning Snack
 10:15 - Current Events
 11:30 - Survey Says
 12:00 - Lunch
 1:30 - Art Analysis
 2:30 - (Game)
 3:00 - Evening Snack
 4:30 - Short Story Reading

9:15 - Exercise and Cool Down 30
 10:00 - Morning Snack
 10:15 - Current Events
 11:30 - Finishing Lines
 12:00 - Lunch
 1:30 - Interactive Music
 2:30 - (Game)
 3:00 - Evening Snack
 4:30 - Sing Along with Evelyn

9:15 - Sitting Jazzercise 31
 10:00 - Morning Snack
 10:15 - Current Events
 11:30 - Guggenhiem
 12:00 - Lunch
 1:30 - Music Class w/Wiley
 3:00 - EAT OUTSIDE DAY
 4:30 - Short Story Reading

August
2023