


Activities Calendar for Lincoln Glen Memory Care "Sunshine Alley"

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1</p> <p>8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Hallmark TV 11:00 AM Guggenheim (AS) 12:30 PM Lunch 2:45 PM Outside Time 3:30 PM Sing-along with Janice 6:45 PM Viewing Choice</p>	<p>2</p> <p>8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Inspiration Time 11:00 AM Water colors AS 12:30 PM Lunch 3:00 PM May Birthday Party 4:00 PM Outside Time 6:45 PM Viewing Choice</p>	<p>3</p> <p>8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Hallmark TV 11:00 AM Games/Walks (AS) 12:30 PM Lunch 2:45 PM Music and Movement 4:00 PM Balloon Toss 6:45 PM Movie Night</p>	<p>4</p> <p>8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Inspiration Time 11:00 AM Games/Walks (AS) 12:30 PM Lunch 2:30 PM Outside Time 4:00 PM Music by Steven Gary 6:45 PM Viewing Choice</p>	<p>5</p> <p>8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Hallmark TV 11:00 AM Mother's Day activity 12:30 PM Lunch 2:45 PM Games AS 4:00 PM Balloon Toss 6:45 PM Viewing Choice</p>	<p>6</p> <p>8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Balloon Toss 11:00 AM Bingo 12:30 PM Lunch 2:30 PM Games (AS) 4:00 PM Residents' Choice 6:45 PM Viewing Choice</p>
	<p>7</p> <p>8:00 AM Breakfast 9:00 AM Mass on TV 11:00 AM Chapel Service (Chapel) 12:30 PM Lunch 2:30 PM Bingo (NF) 4:00 PM Balloon Toss 5:00 PM Residents' Choice 6:45 PM Nature Video</p>	<p>8</p> <p>8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Hallmark TV 11:00 AM Guggenheim (AS) 12:30 PM Lunch 3:00 PM Furry Friends 4:00 PM Balloon Toss 6:45 PM Viewing Choice</p>	<p>9</p> <p>8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Inspiration Time 11:00 AM Jingo (AS) 12:30 PM Lunch 2:45 PM Outside Time 4:00 PM Carmel Apple Time AS 6:45 PM Viewing Choice</p>	<p>10</p> <p>8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Hallmark TV 11:00 AM Games/Walks (AS) 12:30 PM Lunch 2:45 PM Music and Movement 4:00 PM Basketball 6:45 PM Movie Night</p>	<p>11</p> <p>8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Inspiration Time 11:00 AM Harp Music by Angel 12:30 PM Lunch 2:45 PM Faces and Places 4:00 PM Balloon Toss 6:45 PM Viewing Choice</p>	<p>12</p> <p>8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Hallmark TV 11:00 AM Bingo (AS) 12:30 PM Lunch 2:45 PM Games AS 4:00 PM Balloon Toss 6:45 PM Viewing Choice</p>
<p>14</p> <p>8:00 AM Breakfast 9:00 AM Mass on TV 11:00 AM Chapel Service (Chapel) 12:30 PM Lunch 2:00 PM Bingo (NF) 4:00 PM Balloon Toss 5:00 PM Residents' Choice 6:45 PM Travel Time</p>	<p>15</p> <p>8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Hallmark TV 11:00 AM Guggenheim 12:30 PM Lunch 3:30 PM Kentucky Derby Fun 4:00 PM Balloon Toss 6:45 PM Viewing Choice</p>	<p>16</p> <p>8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Inspiration Time 11:00 AM Gardening (AS) 12:30 PM Lunch 2:45 PM Science with Janice 4:00 PM Balloon Toss 6:45 PM Viewing Choice</p>	<p>17</p> <p>8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Hallmark TV 11:00 AM Three of a Kind (AS) 12:30 PM Lunch 2:45 PM Music and Movement 4:00 PM Bowling 6:45 PM Movie Night</p>	<p>18</p> <p>8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Inspiration Time 11:00 AM Games/Walks (AS) 12:30 PM Lunch 2:45 PM Outside Time 3:45 PM Art Time with Janice 6:45 PM Viewing Choice</p>	<p>19</p> <p>8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Hallmark TV 11:00 AM Bingo (AS) 12:30 PM Lunch 1:50 PM Accordion Music 4:00 PM Balloon Toss 6:45 PM Viewing Choice</p>	<p>20</p> <p>8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Hallmark TV 11:00 AM Balloon Toss 12:30 PM Lunch 2:30 PM Games(AS) 4:00 PM Residents' Choice 6:45 PM Viewing Choice</p>
<p>21</p> <p>8:00 AM Breakfast 9:00 AM Mass on TV 11:00 AM Chapel Service (Chapel) 12:30 PM Lunch 2:00 PM Bingo (NF) 4:00 PM Balloon Toss 5:00 PM Residents' Choice 6:45 PM Nature Video</p>	<p>22</p> <p>8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Hallmark TV 11:00 AM Guggenheim (AS) 12:30 PM Lunch 2:45 PM Flower Arranging AS 4:00 PM Balloon Toss 6:45 PM Viewing Choice</p>	<p>23</p> <p>8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Inspiration Time 11:00 AM Jingo (AS) 12:30 PM Lunch 2:45 PM Focus on Food with Janice 3:30 PM Basketball 6:45 PM Viewing Choice</p>	<p>24</p> <p>8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Hallmark TV 11:00 AM Three of a Kind 12:30 PM Lunch 2:45 PM Music and Movement 3:30 PM Balloon Toss 6:45 PM Movie Night</p>	<p>25</p> <p>8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Inspiration Time 11:00 AM Bingo 12:30 PM Lunch 2:45 PM Balloon Toss 4:00 PM Sing Along with Janice 6:45 PM Viewing Choice</p>	<p>26</p> <p>8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Hallmark TV 11:00 AM Bingo (AS) 12:30 PM Lunch 2:45 PM Games AS 4:00 PM Balloon Toss 6:45 PM Viewing Choice</p>	<p>27</p> <p>8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Balloon Toss 11:00 AM Bingo 12:30 PM Lunch 2:30 PM Games(AS) 4:00 PM Residents' Choice 6:45 PM Viewing Choice</p>
<p>28</p> <p>8:00 AM Breakfast 9:15 AM Mass on TV 11:00 AM Chapel Service (Chapel) 12:30 PM Lunch 2:00 PM Bingo (NF) 4:00 PM Balloon Toss 5:00 PM Residents' Choice 6:45 PM Travel Time</p>	<p>29</p> <p>8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Hallmark TV 11:00 AM Guggenheim (AS) 12:30 PM Lunch 2:45 PM Bingo 3:30 PM Sing-Along with Janice 6:45 PM Viewing Choice</p>	<p>30</p> <p>8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Inspiration Time 11:00 AM Games (AS) 12:30 PM Lunch 2:45 PM Art with Janice 3:30 PM Bowling 6:45 PM Viewing Choice</p>	<p>31</p> <p>8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Hallmark TV 11:00 AM Three of a Kind 12:30 PM Lunch 2:45 PM Music and Movement 3:30 PM Balloon Toss 6:45 PM Movie Night</p>	<div style="border: 2px solid blue; padding: 20px; font-size: 2em; font-weight: bold; color: blue;">May 2017</div>		<p>Any changes to the calendar will be posted in the living room.</p>

We are presently waiting for our butterflies to emerge from their cocoons and baby doves to hatch from the eggs in the fountain!

Calendar for Sunshine Alley

Lincoln Glen Manor
2671 Plummer Ave.
San Jose, CA 95125
(408) 265-3222