





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00 AM Sensory 10:00 AM Coffee & Juice Social 10:30 AM Inspirational Reading 11:00 AM Exercise  1:30 PM Fitness Room Exercise 2:30 PM Pedalers 3:30 PM Fall Coloring 4:00 PM Trivia	2 9:00 AM Sensory 10:00 AM Coffee & Juice Social 10:30 AM Inspirational Reading 11:00 AM Sit & Be Fit  1:30 PM Horse Shoes 2:30 PM Conversation/Hand Massage 3:30 PM Keyboard Music by Bill Martin	3 9:00 AM Music & Memory – Apricot 10:00 AM Coffee & Juice Social 10:30 AM Story Time with Dani Burton  1:30 PM Bingo! Bingo! 3:00 PM Charades! 4:00 PM Music by Young at Heart	4 9:00 AM Balloon Toss – Plum 10:00 AM Coffee & Juice Social 10:30 AM Balloon Toss 11:00 AM Musical Moments  1:30 PM Fitness Room Exercise 2:15 PM Basketball 3:00 PM Good World News 4:00 PM Ceramics: Building	5 9:00 AM Hand Massage – Cherry 10:00 AM Coffee & Juice Social 10:30 AM Chicken Soup for the Soul 11:00 AM Exercise  1:30 PM Relaxation Coloring 3:00 PM Vanilla Milkshakes 4:00 PM Steel drum Music by Timo	6 9:00 AM Balloon Toss – Apricot 10:00 AM Coffee Time 10:30 AM Inspirational Reading 11:00 AM Exercise  1:30 PM Bingo! Bingo! 4:00 PM Balloon Toss or Basketball 5:00 PM Dinner Music by Brad Bryant
7 9:15 AM Catholic Communion 10:15 AM Church in Blossom Lounge 10:15 AM Alternate Choice-Cherry Grove morning TV  2:00 PM Hand massage/conversation 2:30 PM Bingo! Bingo! 4:00 PM Video: Burt Wolf: Holland & Belgium	8 9:00 AM Sensory 10:00 AM Coffee & Juice Social 10:30 AM Inspirational Reading 11:00 AM Exercise  1:30 PM Fitness Room Exercise 2:15 PM Furry Friends Pet Therapy Visit 3:30 PM Skee Ball 4:30 PM Jingo 	9 9:00 AM Music & Memory – Cherry 10:00 AM Coffee and Juice Social 10:30 AM Balloon Toss 10:45 AM Music with Larry & Ouida  1:30 PM Skee Ball 2:30 PM Reminisce Reading 3:30 PM National Parks bean bag game	10 9:00 AM Music & Memory – Apricot 10:00 AM Coffee & Juice Social 10:30 AM Balloon Toss 11:00 AM Bible Study with Victor  1:30 PM Bingo! Bingo! 3:00 PM Basketball 4:00 PM Music by Peter - Young at Heart	11 9:00 AM Balloon Toss – Plum 10:00 AM Coffee Time 10:30 AM Stretch & Breathe 11:00 AM Musical Moment  1:30 PM Fitness Room Exercise 2:15 PM Horse Shoes 3:00 PM Hand Massage/Conversation 4:00 PM Fall Art	12 9:00 AM Hand Massage – Cherry 10:00 AM Coffee, Juice and Scones Social 10:30 AM Chicken Soup for the Soul 11:00 AM Exercise  1:30 PM Halloween Jingo 3:00 PM Pecan Praline Milkshakes 4:00 PM Music	13 9:00 AM Balloon Toss – Apricot 10:00 AM Coffee Time 10:30 AM Inspirational Reading 11:00 AM Exercise  1:30 PM Bingo! Bingo! 3:00 PM Guggenheim 4:00 PM Travel Time: Burt Wolf: Italy
14 9:15 AM Catholic Communion 10:15 AM Church in Blossom Lounge 10:15 AM Alternate Choice-Cherry Grove morning TV  2:00 PM Hand massage/conversation 2:30 PM Bingo! Bingo! 4:00 PM Hymns with Sara Jo Larsen	15 9:00 AM Music & Memory – Plum 10:00 AM Coffee & Juice Social 10:30 AM Inspirational Reading 11:00 AM Exercise 12:00 PM Men's Luncheon 1:30 PM Fitness Room Exercise 2:15 PM Pedalers 3:30 PM Trivia & Treats  5:30 PM Guitar Music by Chip Curry	16 9:00 AM Sensory 10:00 AM Coffee and Juice Time 10:30 AM Inspirational Reading 11:00 AM Sit & Be Fit  1:30 PM Trivia Time Outside 3:30 PM Keyboard Music by Bill Martin 4:30 PM Good World News	17 9:00 AM Sensory 10:00 AM Coffee & Juice Social 10:30 AM Inspirational Reading 11:00 AM Exercise  1:30 PM Bingo! Bingo! 3:00 PM Guggenheim 4:00 PM Accordion Music by David Sesnack	18 9:00 AM Sensory 10:00 AM Coffee Time 10:30 AM Stretch & Breathe 11:00 AM Musical Moment  1:30 PM Fitness Room Exercise 2:30 PM Horse Shoes 3:00 PM Fall Mums and Scones -Patio 4:00 PM Ceramics: Painting	19 9:00 AM Sensory 10:00 AM Coffee & Juice Social 10:30 AM Chicken Soup for the Soul 11:00 AM Exercise  1:30 PM Word Find 3:00 PM Strawberry Milkshakes 4:00 PM Piano Music by Dave Coldren	20 9:00 AM Sensory 10:00 AM Coffee Time 10:30 AM Inspirational Reading 11:00 AM Exercise  1:30 PM Bingo! Bingo! 3:00 PM Watercolor 4:00 PM Piano Music by Brad Bryant
21 9:15 AM Catholic Communion 10:15 AM Church in Blossom Lounge 10:15 AM Alternate Choice-Cherry Grove morning TV  2:00 PM Hand massage/conversation 2:30 PM Bingo! Bingo! 4:00 PM Video: Burt Wolf: Spain, Switzerland and Austria	22 9:00 AM Sensory 10:00 AM Coffee & Juice Social 10:15 AM Lets Make Pumpkin Spice Donuts  1:30 PM Fitness Room Exercise 2:15 PM Pedalers 3:00 PM Helping Hands 4:30 PM Jingo	23 9:00 AM Sensory 10:00 AM Coffee and Juice Social 10:30 AM Inspirational Reading 11:00 AM Sit & Be Fit  1:30 PM Outing to the Alameda/Greenlee's Bakery 1:30 PM Movie: The Tender Trap 3:30 PM Greenlee's Tasting Time 4:30 PM Trivia	24 9:00 AM Sensory 10:00 AM Coffee & Juice Social 10:30 AM Balloon Toss 11:00 AM Bible Study with Victor  1:30 PM Bingo! Bingo! 3:00 PM Guggenheim 4:00 PM Piano Music by Regi	25 9:00 AM Sensory 10:00 AM Coffee and Juice Social 10:30 AM Stretch & Breathe 11:00 AM Musical Moment  1:30 PM Fitness Room Exercise 2:15 PM Basketball 3:00 PM Sing along with Janice 4:00 PM Hand Massage and Conversation	26 October Birthday Party 9:00 AM Sensory 10:00 AM Coffee & Juice Social 10:30 AM Chicken Soup for the Soul 11:00 AM Exercise  1:30 PM Afternoon Movie: Abbot and Costello meet Frankenstein  3:30 PM Birthday party and Music with Wiley	27 9:00 AM Sensory 10:00 AM Coffee Time 10:30 AM Indian Community Church Choir  1:30 PM Bingo! Bingo! 3:00 PM Guggenheim 4:00 PM Travel Time: Burt Wolf: France
28 9:15 AM Catholic Communion 10:15 AM Church in Blossom Lounge 10:15 AM Alternate Choice-Cherry Grove morning TV  2:00 PM Hand massage/conversation 2:30 PM Bingo! Bingo! 4:00 PM Video: America's Most Scenic Drives	29 9:00 AM Sensory 10:00 AM Coffee & Juice Social 10:30 AM Inspirational Reading 11:00 AM Exercise  1:30 PM Fitness Room Exercise 2:15 PM Pedalers 3:00 PM Card Making for Our Troops 4:30 PM Trivia & Treats	30 9:00 AM Sensory 10:00 AM Coffee and Juice Social 10:30 AM Inspirational Reading 11:00 AM Sit & Be Fit  1:30 PM Resident Council Meeting 3:00 PM Spooktacular Country Fair!	31 9:00 AM Sensory 10:00 AM Coffee and Juice Social 10:30 AM Inspirational Reading 11:00 AM Sit & Be Fit  1:30 PM Pumpkin Decorating 3:00 PM Pumpkin Contest and Treats 4:00 PM Music with Margaret & Kristoph	 <h1>October</h1>		<b>LINCOLN GLEN NURSING FACILITY 2671 Plummer Ave. San Jose, CA 95125 (408) 265-3222</b>

# 2018

ACTIVITY CALENDAR for LINCOLN GLEN NURSING FACILITY

Calendar Subject to Change. Please See Large Calendar for Updates & Changes