

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>8:00 AM Breakfast</b> 1 9:15 AM Catholic Services on TV 11:00 AM Inspirational TV <b>12:00 PM Lunch</b> 1:30 PM Daily Chronicle 2:30 PM Mindful Movement 3:30 PM Hand Massages/ Happy Nails  Daylight Saving Time Ends	<b>8:00 AM Breakfast</b> 2 9:30 AM Exercise 10:00 AM HGTV <b>11:00 AM Zoom Performance with Dave Coldren</b> <b>12:00 PM Lunch</b> 1:30 PM Daily Chronicle 2:30 PM Monday Meditation 4:00 PM Bingo	<b>8:00 AM Breakfast</b> 3 9:30 AM Stretch & Flexibility 9:45 AM Inspiration Time 11:00 AM Crafting corner <b>12:00 PM Lunch</b> 1:30 PM Daily Chronicle 2:30 PM Ice Cream Treats 3:30 PM Toss Me Tuesday's	<b>8:00 AM Breakfast</b> 4 9:30 AM Exercise 10:00 AM HGTV <b>11:00 AM Zoom Performance with Angel</b> <b>12:00 PM Lunch</b> 1:30 PM Hand Massage/Nails 3:00 PM Koosh Ball Baskets  4:00 PM Daily Chronicle	<b>8:00 AM Breakfast</b> 5 9:30 AM Stretch & Flexibility 10:00 AM Inspiration Time 11:00 AM Daily Chronicle <b>12:00 PM Lunch</b> 1:30 PM Cooking Club 3:00 PM Basketball 4:00 PM Coloring Challenge	<b>8:00 AM Breakfast</b> 6 9:30 AM Exercise 10:00 AM HGTV <b>11:00 AM Zoom Performance with Timo</b> <b>12:00 PM Lunch</b>  1:30 PM Daily Chronicle 2:00 PM Movie Time & Popcorn	<b>8:00 AM Breakfast</b> 7 9:30 AM Simply Stretch 10:00 AM Balloon toss 11:00 AM Bingo <b>12:00 PM Lunch</b> 1:30 PM Daily Chronicle 2:30 PM Coloring 4:00 PM Resident Game Choice
<b>8:00 AM Breakfast</b> 8 9:15 AM Catholic Services on TV 11:00 AM Inspirational TV <b>12:00 PM Lunch</b> 1:30 PM Daily Chronicle 2:30 PM Mindful Movement 3:30 PM Hand Massages/ Happy Nails	<b>8:00 AM Breakfast</b> 9 9:30 AM Exercise 10:00 AM HGTV <b>11:00 AM Zoom Performance with Dave Coldren</b> <b>12:00 PM Lunch</b> 1:30 PM Daily Chronicle 2:30 PM Monday Meditation 4:00 PM Bingo	<b>8:00 AM Breakfast</b> 10 9:30 AM Stretch & Flexibility 9:45 AM Inspiration Time 11:00 AM Crafting corner <b>12:00 PM Lunch</b> 1:30 PM Daily Chronicle 2:30 PM Ice Cream Treats 3:30 PM Toss Me Tuesday's	<b>8:00 AM Breakfast</b> 11 9:30 AM Exercise 10:00 AM HGTV <b>11:00 AM Zoom Performance with Angel</b> <b>12:00 PM Lunch</b> 1:30 PM Hand Massage/Nails 3:00 PM Koosh Ball Baskets 4:00 PM Daily Chronicle Veterans Day Remembrance Day (Canada)	<b>8:00 AM Breakfast</b> 12 9:30 AM Stretch & Flexibility 10:00 AM Inspiration Time 11:00 AM Daily Chronicle <b>12:00 PM Lunch</b> 1:30 PM Cooking Club 3:00 PM Basketball 4:00 PM Coloring Challenge	<b>8:00 AM Breakfast</b> 13 9:30 AM Exercise 10:00 AM HGTV <b>11:00 AM Zoom Performance with Timo</b> <b>12:00 PM Lunch</b>  1:30 PM Daily Chronicle 2:00 PM Movie Time & Popcorn	<b>8:00 AM Breakfast</b> 14 9:30 AM Simply Stretch 10:00 AM Balloon toss 11:00 AM Bingo <b>12:00 PM Lunch</b> 1:30 PM Daily Chronicle 2:30 PM Coloring 4:00 PM Resident Game Choice
<b>8:00 AM Breakfast</b> 15 9:15 AM Catholic Services on TV 11:00 AM Inspirational TV <b>12:00 PM Lunch</b> 1:30 PM Daily Chronicle 2:30 PM Mindful Movement 3:30 PM Hand Massages/ Happy Nails	<b>8:00 AM Breakfast</b> 16 9:30 AM Exercise 10:00 AM HGTV <b>11:00 AM Zoom Performance with Dave Coldren</b> <b>12:00 PM Lunch</b> 1:30 PM Daily Chronicle 2:30 PM Monday Meditation 4:00 PM Bingo	<b>8:00 AM Breakfast</b> 17 9:30 AM Stretch & Flexibility 9:45 AM Inspiration Time 11:00 AM Crafting corner <b>12:00 PM Lunch</b> 1:30 PM Daily Chronicle 2:30 PM Ice Cream Treats 3:30 PM Toss Me Tuesday's	<b>8:00 AM Breakfast</b> 18 9:30 AM Exercise 10:00 AM HGTV <b>11:00 AM Zoom Performance with Angel</b> <b>12:00 PM Lunch</b> 1:30 PM Hand Massage/Nails 3:00 PM Koosh Ball Baskets  4:00 PM Daily Chronicle	<b>8:00 AM Breakfast</b> 19 9:30 AM Stretch & Flexibility 10:00 AM Inspiration Time 11:00 AM Daily Chronicle <b>12:00 PM Lunch</b> 1:30 PM Cooking Club 3:00 PM Basketball 4:00 PM Coloring Challenge	<b>8:00 AM Breakfast</b> 20 9:30 AM Exercise 10:00 AM HGTV <b>11:00 AM Zoom Performance with Timo</b> <b>12:00 PM Lunch</b>  1:30 PM Daily Chronicle 2:00 PM Movie Time & Popcorn <i>Birthday Celebration!!</i>	<b>8:00 AM Breakfast</b> 21 9:30 AM Simply Stretch 10:00 AM Balloon toss 11:00 AM Bingo <b>12:00 PM Lunch</b> 1:30 PM Daily Chronicle 2:30 PM Coloring 4:00 PM Resident Game Choice
<b>8:00 AM Breakfast</b> 22 9:15 AM Catholic Services on TV 11:00 AM Inspirational TV <b>12:00 PM Lunch</b> 1:30 PM Daily Chronicle 2:30 PM Mindful Movement 3:30 PM Hand Massages/ Happy Nails	<b>8:00 AM Breakfast</b> 23 9:30 AM Exercise 10:00 AM HGTV <b>11:00 AM Zoom Performance with Dave Coldren</b> <b>12:00 PM Lunch</b> 1:30 PM Daily Chronicle 2:30 PM Monday Meditation 4:00 PM Bingo	<b>8:00 AM Breakfast</b> 24 9:30 AM Stretch & Flexibility 9:45 AM Inspiration Time 11:00 AM Crafting corner <b>12:00 PM Lunch</b> 1:30 PM Daily Chronicle 2:30 PM Ice Cream Treats 3:30 PM Toss Me Tuesday's	<b>8:00 AM Breakfast</b> 25 9:30 AM Exercise 10:00 AM HGTV <b>11:00 AM Zoom Performance with Angel</b> <b>12:00 PM Lunch</b> 1:30 PM Hand Massage/Nails 3:00 PM Koosh Ball Baskets  4:00 PM Daily Chronicle	<b>8:00 AM Breakfast</b> 26 9:30 AM Stretch & Flexibility 10:00 AM Inspiration Time 11:00 AM Daily Chronicle <b>12:00 PM Lunch</b> 1:30 PM Cooking Club 3:00 PM Basketball 4:00 PM Coloring Challenge  Thanksgiving Day (US)	<b>8:00 AM Breakfast</b> 27 9:30 AM Exercise 10:00 AM HGTV <b>11:00 AM Zoom Performance with Timo</b> <b>12:00 PM Lunch</b>  1:30 PM Daily Chronicle 2:00 PM Movie Time & Popcorn	<b>8:00 AM Breakfast</b> 28 9:30 AM Simply Stretch 10:00 AM Balloon toss 11:00 AM Bingo <b>12:00 PM Lunch</b> 1:30 PM Daily Chronicle 2:30 PM Coloring 4:00 PM Resident Game Choice
<b>8:00 AM Breakfast</b> 29 9:15 AM Catholic Services on TV 11:00 AM Inspirational TV <b>12:00 PM Lunch</b> 1:30 PM Daily Chronicle 2:30 PM Mindful Movement 3:30 PM Hand Massages/ Happy Nails	<b>8:00 AM Breakfast</b> 30 9:30 AM Exercise 10:00 AM HGTV <b>11:00 AM Zoom Performance with Dave Coldren</b> <b>12:00 PM Lunch</b> 1:30 PM Daily Chronicle 2:30 PM Monday Meditation 4:00 PM Bingo <i>Men's Luncheon</i>	 <h1 style="color: red; font-size: 2em; margin: 0;">November 2020</h1> <p style="color: gray; font-size: 0.8em; margin: 0;">* Calendar is subject to change</p>				