

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>November 2017</h1>			1 9:00 AM Hand Massage – Apricot 10:00 AM Coffee & Juice Social 10:30 AM Lets Get Moving Exercise 1:30 PM Bingo! Bingo! 3:00 PM Guggenheim 4:00 PM Guitar Music by Fred McCarty of Young at Heart	2 9:00 AM Balloon Toss – Plum 10:00 AM Coffee Time 10:15 AM Stretch & Breathe 11:00 AM Musical Moment 1:30 PM Fitness Room Exercise 2:15 PM NEW! Remember When 3:00 PM Sing-Along with Janice 4:00 PM Ceramics	3 9:00 AM Hand Massage – Cherry 10:00 AM Coffee & Juice Social 10:15 AM Daily Devotions 10:30 AM Exercise 1:30 PM Relaxation Coloring 3:00 PM Mocha Almond Fudge Milkshakes 4:00 PM Harp Music By Angel	4 9:00 AM Balloon Toss – Apricot 10:00 AM Coffee Time 10:15 AM Daily Devotions 10:30 AM Dance Performance By Center Stage Dance Group 1:30 PM Bingo! Bingo! 3:00 PM Travel Time
5 9:15 AM Catholic Communion 10:15 AM Chapel Service 10:45 AM Church Service 2:30 PM Bingo! Bingo! 4:00 PM Comedy Hour: I love Lucy	6 9:00 AM Hand Massage – Plum 10:00 AM Coffee & Juice Social 10:15 AM Daily Devotions 10:30 AM Exercise 10:30 AM Sensory Stimulation 1:30 PM Fitness Room Exercise 3:00 PM Cooking Club: Turkey Cookies 4:00 PM The Men Who Built America Episode 4 5:30 PM Strolling Guitar by Steven Gary	7 9:00 AM Balloon Toss – Cherry 10:00 AM Coffee Time 10:15 AM Daily Devotions 10:30 AM Sit & Be Fit 1:30 PM Tour the Town: Santa Teresa County Park 1:30 PM Movie Time: 3:30 PM Keyboard Music by Bill Martin	8 9:00 AM Hand Massage – Apricot 10:00 AM Coffee & Juice Social 10:15 AM Daily Devotions 10:30 AM Lets Get Moving Exercise 11:00 AM Bible Study with Victor 1:30 PM Bingo! Bingo! 3:00 PM Guggenheim 4:00 PM Music by of Young at Heart *Last Day to RSVP for Family Pie Social*	9 9:00 AM Balloon Toss – Plum 10:00 AM Coffee Time 10:15 AM Stretch & Breathe 11:00 AM Musical Moment 1:30 PM Fitness Room Exercise 2:15 PM Fall Gardening 3:00 Remember When 4:00 Jingo	10 9:00 AM Hand Massage – Cherry 10:00 AM Coffee & Juice Social 10:15 AM Daily Devotions 10:30 AM Exercise with St. Chris Kids 1:30 PM Thanksgiving Word Puzzles 3:00 PM Trivia & Treats 4:00 PM Name That Tune	11 9:00 AM Balloon Toss – Apricot 10:00 AM Coffee Time 10:15 AM Daily Devotions 10:30 AM Exercise 3:00 PM Family Pie Social (Manor Dining Room) 
12 9:15 AM Catholic Communion 10:15 AM Chapel Service 10:45 AM Church Service 2:30 PM Bingo! Bingo! 4:00 PM Comedy Hour: Carol Burnett	13 9:00 AM Hand Massage – Plum 10:00 AM Coffee & Juice Social 10:15 AM Daily Devotions 10:30 AM Exercise 10:30 AM Sensory Stimulation 1:30 PM Fitness Room Exercise 2:15 PM Furry Friends Pet Therapy Visit 3:00 PM Basketball 4:15 PM Guggenheim	14 9:00 AM Balloon Toss – Cherry 10:00 AM Coffee Time 10:15 AM Daily Devotions 10:30 AM Sit & Be Fit 1:30 PM Movie Time: 3:30 Current Events 4:30 PM An Encouraging Word with Janice	15 9:00 AM Hand Massage – Apricot 10:00 AM Coffee & Juice Social 10:30 AM Lets Get Moving Exercise 1:30 PM Bingo! Bingo! 3:00 PM Guggenheim 4:00 PM Accordion Music by David Sesnack	16 9:00 AM Balloon Toss – Plum 10:00 AM Coffee Time 10:15 AM Stretch & Breathe 11:00 AM Musical Moment 1:30 PM Fitness Room Exercise 2:15 PM Remember When 3:00 Water Colors 4:00 PM Ceramics	17 9:00 AM Hand Massage – Cherry 10:00 AM Coffee & Juice Social 10:15 AM Daily Devotions 10:30 AM Exercise 1:30 PM Afternoon Classic Movie: "Little Miss Broadway" 4:00 PM November Birthday Party with Fiddle Music By Chip Curry	18 9:00 AM Balloon Toss – Apricot 10:00 AM Coffee Time 10:15 AM Daily Devotions 10:30 AM Exercise 1:30 PM Bingo! Bingo! 3:00 PM Travel Time
19 9:15 AM Catholic Communion 10:15 AM Chapel Service 10:45 AM Church Service 2:30 PM Bingo! Bingo! 4:00 PM Hymns with Sara-Jo Larsen	20 9:00 AM Hand Massage – Plum 10:00 AM Coffee & Juice Social 10:15 AM Daily Devotions 10:30 AM Let's Get Moving 1:30 PM Fitness Room Exercise 2:15 PM Trivia & Treats 3:00 PM Arts & Crafts: Thankful Turkeys 4:00 Guess the Phrase	21 9:00 AM Balloon Toss – Cherry 10:00 AM Coffee Time 10:15 AM Daily Devotions 10:30 AM Sit & Be Fit 1:30 PM Tour the Town: Joseph D Grant County Park 1:30 PM Movie Time: 3:30 PM Keyboard Music by Bill Martin	22 9:00 AM Hand Massage – Apricot 10:00 AM Coffee & Juice Social 10:15 AM Daily Devotions 10:30 AM Lets Get Moving Exercise 11:00 AM Bible Study with Victor 1:30 PM Bingo! Bingo! 3:00 PM Guggenheim 4:00 PM Piano Music by Regi	23 9:00 AM Balloon Toss – Plum 10:00 AM Coffee Time 10:15 AM Stretch & Breathe 11:00 AM Macy's Thanksgiving Parade on NBC Ch. 11 1:30 PM Thanksgiving Movie: "Move Over Darling" 	24 9:00 AM Hand Massage – Cherry 10:00 AM Coffee & Juice Social 10:15 AM Daily Devotions 10:30 AM Exercise 1:30 PM Relaxation Coloring 3:00 PM Pecan Praline Milkshakes 4:00 PM Piano Music By Maddeline	25 9:00 AM Balloon Toss – Apricot 10:00 AM Coffee Time 10:30 AM Indian Community Choir 1:30 PM Bingo! Bingo! 3:00 PM Travel Time
26 9:15 AM Catholic Communion 10:15 AM Chapel Service 10:45 AM Church Service 2:30 PM Bingo! Bingo! 4:00 PM Comedy Hour: Jack Benny	27 9:00 AM Hand Massage – Plum 10:00 AM Coffee & Juice Social 10:15 AM Daily Devotions 10:30 AM Exercise 1:30 PM Fitness Room Exercise 2:15 PM Trivia & Treats 3:00 PM Helping Hands 4:00 Basketball	28 9:00 AM Balloon Toss – Cherry 10:00 AM Coffee Time 10:15 AM Daily Devotions 10:30 AM Sit & Be Fit 1:30 PM Resident Council Meeting 3:00 Current Events 4:30 PM An Encouraging Word with Janice	29 9:00 AM Hand Massage – Apricot 10:30 AM Coffee & Juice Social 10:15 AM Lets Get Moving Exercise 1:30 PM Bingo! Bingo! 3:00 PM Guggenheim 4:00 PM Music with Alligator	30 9:00 AM Balloon Toss – Plum 10:00 AM Coffee Time 10:15 AM Stretch & Breathe 11:00 AM Musical Moment 1:30 PM Fitness Room Exercise 2:15 PM Fall Cooking 3:00 PM Sing-Along with Janice 4:00 Remember When	Activities Calendar for Lincoln Glen Nursing Facility 2671 Plummer Ave San Jose, CA 95125 1 (408) 265-3222	

Calendar Subject to Change... Please Check the Large Calendar for Updates & Changes