

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="font-size: 48px; color: green; margin: 0;">MARCH 2019</h1> 						
3	4	5	6	7	8	9
<b>8:00 AM Breakfast</b> 9:15 AM Catholic Services on TV 11:00 AM Inspirational TV <b>12:00 PM Lunch</b> <b>2:30 PM Games</b>	<b>8:00 AM Breakfast</b> 9:30 AM Exercise 10:00 AM HGTV 11:00 AM Balloon Toss <b>12:00 PM Lunch</b> <b>2:45 PM Sing-Along with Debra</b> 4:00 PM Coloring	<b>MARDI GRAS</b> <b>8:00 AM Breakfast</b> 9:30 AM Exercise 9:45 AM Inspiration Time 11:00 AM Jingo (AS) <b>12:00 PM Lunch</b> <b>2:45 PM Sing-Along with Debra</b> <b>3:30 PM coffee filter coloring</b>	<b>ASH WEDNESDAY</b> <b>8:00 AM Breakfast</b> 9:30 AM Exercise 10:00 AM HGTV 11:00 AM Games (AS) <b>12:00 PM Lunch</b> <b>2:45 PM Music and Movement</b> <b>4:00 PM cereal box matching</b>	<b>8:00 AM Breakfast</b> 9:30 AM Exercise 9:45 AM Inspiration Time 11:00 AM Basketball <b>12:00 PM Lunch</b> <b>2:45 PM Balloon Toss</b> <b>4:00 PM Steven Gary</b>	<b>Employee Appreciation Day</b> <b>8:00 AM Breakfast</b> 9:30 AM Exercise 10:00 AM HGTV 11:00 AM Bingo <b>12:00 PM Lunch</b> <b>2:45 PM Sing-Along with Debra</b> 4:00 PM Balloon Toss	<b>8:00 AM Breakfast</b> 9:30 AM Exercise 10:00 AM Balloon Toss 11:00 AM Bingo <b>12:00 PM Lunch</b> 2:30 PM Coloring 4:00 PM Resident Game Choice
10	11	12	13	14	15	16
<b>Daylight Savings Time begins!</b> <b>8:00 AM Breakfast</b> 9:15 AM Catholic Services on TV 11:00 AM Inspirational TV <b>12:00 PM Lunch</b> <b>2:30 PM Swat the Fly</b>	<b>8:00 AM Breakfast</b> 9:30 AM Exercise 10:00 AM HGTV <b>11:00 AM Balloon Toss</b> <b>12:00 PM Lunch</b> <b>2:45 PM Stained Glass Pasta</b> 4:00 PM Sticker sorting	<b>8:00 AM Breakfast</b> 9:30 AM Exercise 9:45 AM Inspiration Time 11:00 AM Jingo <b>12:00 PM Lunch</b> <b>2:45 PM Basketball</b> 3:30 PM Watercolors	<b>8:00 AM Breakfast</b> 9:30 AM Exercise 10:00 AM HGTV 11:00 AM Games (AS) <b>12:00 PM Lunch</b> <b>2:45 PM Music and Movement</b> 4:00 PM Bowling	<b>National Pie Day/ Popcorn lovers day</b> <b>8:00 AM Breakfast</b> 9:30 AM Exercise 9:45 AM Inspiration Time <b>11:00 AM Music with Angel</b> <b>12:00 PM Lunch</b> <b>2:45 PM Trivia</b> <b>4:00 PM Canvas Art</b>	<b>IDES OF MARCH</b> <b>8:00 AM Breakfast</b> 9:30 AM Exercise 10:00 AM HGTV 11:00 AM Bingo <b>12:00 PM Lunch</b> 2:45 PM Trivia 4:00 PM Balloon Toss	<b>Everything you do is right day</b> <b>8:00 AM Breakfast</b> 9:30 AM Exercise 10:00 AM Balloon toss 11:00 AM Bingo <b>12:00 PM Lunch</b> 2:30 PM Coloring 4:00 PM Resident Game Choice
17	18	19	20	21	22	23
<b>ST. PATRICK'S DAY</b> <b>8:00 AM Breakfast</b> 9:15 AM Catholic Services on TV 11:00 AM Inspirational TV <b>12:00 PM Lunch</b> <b>2:30 PM Shamrock confetti painting</b>	<b>8:00 AM Breakfast</b> 9:30 AM Exercise 10:00 AM HGTV <b>11:00 AM Shamrock thumb paintings</b> <b>12:00 PM Lunch</b> 2:45 PM Bowling <b>4:00 PM Busy Bag matching game</b>	<b>Tea For Two Tuesday</b> <b>8:00 AM Breakfast</b> 9:30 AM Exercise 10:00 AM Inspiration Time 11:00 AM Jingo (AS) <b>12:00 PM Lunch</b> <b>2:45 PM Sing-Along with Debra with tea and scones</b> 4:00 PM Basketball	<b>FIRST DAY OF SPRING</b> <b>8:00 AM Breakfast</b> 9:30 AM Exercise 10:00 AM HGTV 11:00 AM Games (AS) <b>12:00 PM Lunch</b> <b>2:15 PM Accordion Music by David</b> 4:00 PM Button Sorting	<b>8:00 AM Breakfast</b> 9:30 AM Exercise 10:00 AM Inspiration Time 11:00 AM Games <b>12:00 PM Lunch</b> 2:45 PM Balloon Toss <b>4:00 PM Marshmallow Painting</b>	<b>8:00 AM Breakfast</b> 9:30 AM Exercise 10:00 AM HGTV <b>11:00 AM Balloon Toss</b> <b>12:00 PM Lunch</b> <b>2:45 PM Sing a long with Debra</b> <b>3:00 PM Music with Wiley</b> 4:00 PM Salt Art	<b>8:00 AM Breakfast</b> 9:30 AM Exercise 10:00 AM Balloon Toss 11:00 AM Bingo <b>12:00 PM Lunch</b> 2:30 PM Coloring 4:00 PM Resident Game Choice
24	25	26	27	28	29	30
<b>8:00 AM Breakfast</b> 9:15 AM Catholic Services on TV 11:00 AM Inspirational TV <b>12:00 PM Lunch</b> <b>2:00 PM Trivia</b> <b>4:00 PM Swat the fly</b>	<b>Feast of Annunciation</b> <b>8:00 AM Breakfast</b> 9:30 AM Exercise 10:00 AM HGTV 11:00 AM Activity (AS) <b>12:00 PM Lunch</b> <b>2:45 PM Shape sorting</b> 4:30 PM Balloon Toss	<b>8:00 AM Breakfast</b> 9:30 AM Exercise 10:00 AM Inspiration Time <b>11:00 AM Music with Timo</b> <b>12:00 PM Lunch</b> 2:45 PM Sing along with Debra 4:00 PM Puzzle Time	<b>8:00 AM Breakfast</b> 9:30 AM Exercise 10:00 AM HGTV 11:00 AM Games/Walks (AS) <b>12:00 PM Lunch</b> <b>2:45 PM Music and Movement</b> 4:00 PM Bowling	<b>8:00 AM Breakfast</b> 9:30 AM Exercise 10:00 AM Inspiration Time 11:00 AM Games/Walks <b>12:00 PM Lunch</b> <b>2:45 PM Styrofoam Art</b> 4:00 PM Balloon Toss	<b>8:00 AM Breakfast</b> 9:30 AM Exercise 10:00 AM Inspiration Time 11:00 AM Games/Walks <b>12:00 PM Lunch</b> <b>2:45 PM Sing-Along with Debra</b> 4:00 PM Balloon Toss	<b>I Am In Control Day</b> <b>8:00 AM Breakfast</b> 9:30 AM Exercise 10:00 AM Balloon Toss 11:00 AM Bingo <b>12:00 PM Lunch</b> 2:30 PM Coloring 4:00 PM Resident Game Choice
31	<h2 style="font-size: 36px; color: green; margin: 0;">Activities for Sunshine Alley</h2>				Special activities are highlighted in green.	Lincoln Glen Manor 2671 Plummer Ave. San Jose, CA 95125  (408) 265-3222