

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
Super Bowl Sunday 3 9:15 AM Catholic Communion 10:15 AM Chapel Service 10:45 AM Church Service 1:30 PM Bingo! Bingo! 2:30 PM homemade eye spy 3:30 Pm Super Bowl Party 	4 9:00 AM Music & Memory 10:00 AM Coffee & Juice Social 10:15 AM What's new?! 10:30 AM Exercise/ Meditation 10:30 AM Sensory Stimulation 1:30 PM Fitness Room Exercise 2:30 PM Sweetheart Cinnamon Rolls 3:30 PM Lava Lamps	Lunar New Year/ NF Outing 5 9:00 AM Music & Memory 10:00 AM Coffee Time 10:15 AM Articles Smarticles 10:30 AM Sit & Be Fit 1:30 PM Tour the town "Alum Rock" 1:30 PM Movie (resident's choice) 2:30 PM Chinese fans 3:30 PM Keyboard Music by Bill Martin	6 9:00 AM Music & Memory 10:00 AM Coffee & Juice Social with Danni 10:45 AM What's New?? 1:30 PM Bingo! Bingo! 1:30 PM Sensory 2:30 PM Valentine's Guggenheim 4:00 PM Music by Sean Seman of Young at Heart	Volunteer Orientation 7 9:00 AM Balloon Toss 10:00 AM Coffee Time and Current Events 10:15 AM Stretch & Breathe 11:00 AM Musical Moment- victor 1:30 PM Fitness Room Exercise 2:45 PM Ceramics 3:15 PM What is your favorite (card) 4:15 PM Current events	8 9:00 AM Hand Massage 10:00 AM Coffee & Juice Social 10:15 AM What's new?! 10:30 AM Balloon Hockey 1:30 PM match the cereal boxes 3:00 PM Oreo Milkshakes 3:45 PM Piano Music by Carol Thorson & Keith	9 9:00 AM Balloon Toss 10:00 AM Coffee Time 10:15 AM Articles Smarticles 10:30 AM Exercise 1:30 PM Bingo! Bingo! 2:30 PM Google: where are you from? 3:30 PM Heart ornaments
10 9:15 AM Catholic Communion 10:15 AM Chapel Service 10:45 AM Church Service 1:30 PM Helping Hands 2:30 PM Bingo! Bingo! 3:30 PM 3D Valentine's day garlands	11 9:00 AM Music & Memory 10:00 AM Coffee & Juice Social 10:15 AM What's New?! 10:30 AM Medardo Video 1:30 PM Fitness Room Exercise 2:15 PM Furry Friends Pet Therapy Visit 2:45 PM Surprise Swirl Cake 3:45 PM Canvas art & tape 	NF Outing 12 9:00 AM Music & Memory 10:00 AM Coffee Time 10:15 AM Sit & Be Fit 10:45 AM Music with Larry & Ouida 1:30 PM Tour the town "Japan Town" 1:30 PM Movie (Birthday girl/boy choice) 3:30 PM Valentine's day cards	13 9:00 AM Music & Memory 10:00 AM Coffee & Juice Social 10:15 AM Water Bottle Olympics 11:00 AM Bible Study with Victor 1:30 PM High low dice trivia 2:30 PM Crafts with Sarah Jo 4:00 PM Guitar Music by Fred McCarty of Young at Heart	Valentine's Day 14 9:00 AM Balloon Toss 10:00 AM Coffee Time and Current Events 10:15 AM Stretch & Breathe 11:00 AM Musical Moment -victor 1:30 PM Fitness Room Exercise 2:15 PM Chocolate Covered Strawberries 4:00 PM Heart Suncatchers 5:00 PM Valentine's day Candlelight Dinner with Danni 	15 9:00 AM Hand Massage 10:00 AM Coffee & Juice Social 10:15 AM What's new?! 10:30 AM Let's go to the grocery store 1:30 PM Sensory pouches 2:30 PM Almond Praline Milkshakes 4:00 PM Music with Wiley	16 9:00 AM Balloon Toss 10:00 AM Coffee Time 10:15 AM Daily Devotions 10:30 AM Balloon Hockey 1:30 PM Bingo! Bingo! 3:00 PM guess that scent 4:00 PM Piano Music by Brad Bryant
17 9:15 AM Catholic Communion 10:15 AM Chapel Service 10:45 AM Church Service 1:30 PM Bingo! Bingo! 2:30 PM heart ornaments 4:00 PM Hymns with Sara-Jo Larsen	President's Day 18 9:00 AM Music & Memory 10:00 AM Coffee & Juice Social 10:15 AM What's New?! 10:30 AM Exercise/Meditation 10:30 AM Sensory Stimulation 12:00 Men's Luncheon 1:30 PM Fitness Room Exercise 2:15 PM Rice Krispy Hearts 3:15 PM Flower Arrangement's & Tea 5:30 PM Strolling Guitar by Chip Curry	NF Outing 19 9:00 AM Music & Memory 10:00 AM Coffee Time 10:15 AM Articles Smarticles 10:30 AM Sit & Be Fit 1:30 PM Tour-the-Town: "Santana Row & Winchester House" 1:30 PM Movie Time (resident's choice) 1:30 PM Guggenheim 3:30 PM Keyboard Music by Bill Martin	20 9:00 AM Music & Memory 10:00 AM Coffee & Juice Social 10:15 AM Let's Get Moving 11:15 AM Current Events 1:30 PM Bingo! Bingo! 1:30 PM Sensory 3:00 PM Guggenheim 4:00 PM Accordion Music by David Sesnack	21 9:00 AM Balloon Toss 10:00 AM Coffee Time and Current Events 10:15 AM Stretch & Breathe 11:00 AM Musical Moment-victor 1:30 PM Fitness Room Exercise 2:45 PM Ceramics 3:30 PM Coffee filter Flowers 4:30 PM Current Events	February Birthdays 22 9:00 AM Hand Massage 10:00 AM Coffee & Juice Social 10:15 AM Articles Smarticles 10:30 AM roll the dice exercise 1:30 PM Window Art 3:00 PM Mocha Almond Fudge Milkshakes 4:00 PM February Birthdays Music By Maddeline	23 9:00 AM Balloon Toss 10:00 AM Coffee Time 10:15 AM What's new?! 10:30 AM Indian Community Church Choir 1:30 PM Bingo! Bingo! 3:00 PM things that go together trivia 3:30 PM Netflix Time (Pick a movie)
24 9:15 AM Catholic Communion 10:15 AM Chapel Service 10:45 AM Church Service 1:30 PM Bingo! Bingo! 2:30 PM Guggenheim 3:30 PM Video Biography: "The French Chef Julia Child's"	STARBUCKS COFFEE TASTE 25 9:00 AM Music & Memory 10:00 AM Starbucks coffee tasting 10:45 AM Let's go to the beach 10:45 AM Sensory Stimulation 1:30 PM Fitness Room Exercise 2:15 PM Don't break my heart Bark 3:30 PM Valentine's day bookmarks	26 9:00 AM Music & Memory 10:00 AM Coffee Time 10:15 AM Articles Smarticles 10:30 AM Sit & Be Fit 1:30 PM Resident Council Mtg 2:30 PM This and That Trivia 3:30 PM Homemade eye spy	27 9:00 AM Music & Memory 10:00 AM Coffee & Juice Social 10:15 AM Let's Get Moving Exercise 11:00 AM Bible Study with Victor 1:30 PM Rollerama trivia 3:00 PM Canvas art with Christian 4:00 PM Piano Music by Regi	28 9:00 AM Balloon Toss 10:00 AM Coffee Time and Current Events 10:15 AM Stretch & Breathe 11:00 AM Musical Moment-victor 1:30 PM Fitness Room Exercise 2:30 PM Guggenheim 3:30 PM Youtube Time	<i>Activities Calendar - Nursing Facility at Lincoln Glen</i> <i>Calendar Subject to Change. Please Check the Large Calendar for Updates & Changes</i>	
						<div style="border: 1px solid black; padding: 5px; text-align: center;"> LINCOLN GLEN NURSING FACILITY 2671 Plummer Ave. San Jose, CA 95125 (408) 265-3222 </div>