

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<p>9:30 AM Netflix: Travel (ALC 1) 10:30 AM Exercise (ALC 2)</p> <p>1:00 PM Hand &amp; Foot (Library) 1:30 PM Jingo (ALC 2) 2:15 PM Balance Therapy (ALC 2) 3:00 PM Timo and tea time (ALC 2) 4:00 PM Valentine's day heart attack (Library)</p>	<p><b>GROUNDHOG DAY</b></p> <p>9:30 AM Netflix: Drama (ALC 1) 10:30 AM Exercise (ALC 2)</p> <p>1:30 PM Valentine's day word search (ALC 1) 2:15 PM Decorate your apron (ALC 1) 3:15 PM Movie "Groundhog day" (ALC 2) 5:00 PM Dinnertime Music by Brad Bryant (Dining Room)</p>
<p><b>SUPER BOWL SUNDAY</b> 3</p> <p>9:15 AM Catholic Communion (NF) 11:00 AM Chapel Service (Chapel) 2:00 PM Homemade eye spy (ALC 2) 3:00 PM Music with Victor (ALC 1) 3:30 PM Pre- Super Bowl 52 Party (ALC 1) </p>	<p>9:30 AM Netflix: Documentary (ALC 1) 10:30 AM Exercise (ALC 2)</p> <p>1:30 PM Medardo (ALC 1) 2:30 PM Sweetheart Cinnamon Rolls (ALC 2) 3:30 PM Lava Lamps (ALC 2) 6:00 PM Rummikub (Library) 7:00 PM Praise &amp; Worship Prayer Meeting (Chapel)</p>	<p><b>LUNAR NEW YEAR</b> 5</p> <p>9:30 AM Netflix: Comedy Show (ALC 1) 10:30 AM Old wives tale trivia (ALC 2)</p> <p>11:00 AM Chair Yoga (Cancelled) 11:00 AM Exercise (ALC 2) 1:15 PM Women's Bible Study (Library) 2:15 PM Balance Therapy (ALC 2) 3:00 PM Chinese Fans (Library) 4:00 PM Happy Nails (ALC 1)</p>	<p><b>BINGO NIGHT/ OUTING</b> 6</p> <p>7:00 AM Men's Bible Study (Library) 9:30 AM Walmart Outing 10:30 AM Discussion Group (Parlor)</p> <p>1:00 PM Mexican Train (Library) 2:15 PM Begin. Balance (ALC 2) 2:45 PM Music by Sean Seman of Young at Heart (ALC 2) 6:15 PM Bingo Night (Library)</p>	<p>9:30 AM Netflix: Biography (ALC 1) 11:00 AM Chair Yoga (ALC 2)</p> <p>1:00 PM Scrabble Time (Library) 2:30 PM Bingo with Jessica (ALC 2) 3:00 PM Ceramics (NF) 4:00 PM Window Art (ALC 2) 6:00 PM Bible Study (Chapel)</p>	<p>9:30 AM Netflix: Travel (ALC 1) 10:30 AM Exercise Class (ALC 2)</p> <p>1:00 PM Hand &amp; Foot (Library) 1:30 PM Jingo (ALC 2) 2:15 PM Balance Therapy (ALC 2) 3:00 PM Tea Time and Piano Music by Carol Thorson &amp; Keith (ALC 2)</p>	<p>9:30 AM Netflix: Drama (ALC 1) 10:30 AM Exercise (ALC 2)</p> <p>1:30 PM Trivia Time (ALC 1) 2:30 PM Puzzle time (ALC 2) 3:30 PM Happy Nails (ALC 1)</p>
<p>9:15 AM Catholic Communion (NF) 11:00 AM Chapel Service (Chapel)</p> <p>2:00 PM Guggenheim (ALC 2) 3:00 PM Water bottle Olympics (ALC 2) 4:00 PM 3D Valentine's day garlands (ALC 2)</p>	<p>9:30 AM Netflix: Documentary (ALC 1) 10:15 AM Music with Steven Gary (ALC 2) 11:00 AM Exercise (ALC 2) 1:30 PM Bingo (ALC 2) 2:15 PM Furry Friends Pet Therapy Visit (ALC 2)  3:15 PM Surprise Swirl Cake (ALC 1) 4:15 PM Canvas art &amp; tape (ALC 2) 6:00 PM Rummikub (Library) 7:00 PM Praise &amp; Worship Prayer Meeting (Chapel)</p>	<p>9:30 AM Netflix: Comedy Show (ALC 1) 10:30 AM 1950's Trivia (ALC 2) 11:00 AM Chair Yoga (ALC 2)</p> <p>1:15 PM Women's Bible Study (Library) 2:15 PM Balance Therapy (ALC 2) 3:00 PM Valentine's day cards (Library) 4:00 PM Guggenheim (ALC 1)</p>	<p><b>OUTING</b> 13</p> <p>7:00 AM Men's Bible Study (Library) 9:30 AM Target Outing</p> <p>1:00 PM Mexican Train (Library) 1:15 PM Prayer Time (Chapel) 2:15 PM Begin. Balance (ALC 2) 2:45 PM Guitar Music by Fred McCarty of Young at Heart (ALC 2) 4:00 PM High, Low dice trivia (ALC 2)</p>	<p><b>VALENTINE'S DAY</b> 14</p> <p>9:30 AM Netflix: Biography (ALC 1) 11:00 AM Chair Yoga (ALC 2)</p> <p>1:00 PM Scrabble Time (Library) 2:30 PM Bingo with Jessica (ALC 2) 3:30 PM Heart Suncatchers (ALC 2) 5:00 PM Valentine's Day Candlelight Dinner and music with Danni 6:00 PM Bible Study (Chapel)</p>	<p>9:30 AM Netflix: Travel (ALC 1) 10:30 AM Exercise (ALC 2)</p> <p>1:00 PM Hand &amp; Foot (Library) 1:30 PM Jingo (ALC 2) 2:15 PM Balance Therapy (ALC 2) 3:00 PM Tea Time and Piano Music by Dave Coldren (ALC 2) 4:00 PM Sensory Pouches (Library)</p>	<p>9:30 AM Netflix: Drama (ALC 1) 10:30 AM Exercise (ALC 2)</p> <p>1:30 PM RollerRama Trivia (ALC 2) 2:30 PM You make my heart pop popcorn (ALC 1) 3:30 PM Puzzle Time (ALC 2) 5:00 PM Dinnertime Music by Brad Bryant (Dining Room)</p>
<p>9:15 AM Catholic Communion (NF) 11:00 AM Chapel Service (Chapel)</p> <p>2:00 PM Afternoon Movie &amp; Popcorn: "The Sound of Music" (ALC 1) 4:00 PM Heart Ornaments (ALC 2)</p>	<p><b>PRESIDENTS DAY</b> 18</p> <p>9:30 AM Netflix: Documentary (ALC 1) 10:30 AM Exercise (ALC 2)</p> <p>12:00 PM Men's Luncheon (NF) 1:30 PM Bingo (ALC 2) 2:30 PM Rice Krispy Hearts (ALC 2) 3:30 PM Presidential Trivia (Library) 6:00 PM Rummikub (Library) 7:00 PM Praise &amp; Worship Prayer Meeting (Chapel)</p>	<p><b>FEBRUARY BIRTHDAYS</b> 19</p> <p>9:30 AM Netflix: Comedy Show (ALC 1) 10:30 AM 1960's Trivia (ALC 2) 11:00 AM Chair Yoga (ALC 2)</p> <p>1:30 PM Women's Bible Study (Library) 2:15 PM Balance Therapy (ALC 2) 3:00 PM Heart Scratchers (Library) 4:00 PM Finish the proverb (ALC 1) 5:00 PM February Birthdays Party</p>	<p><b>BINGO NIGHT / OUTING</b> 20</p> <p>7:00 AM Men's Bible Study (Library) 9:30 AM Almaden Plaza Outing</p> <p>1:00 PM Mexican Train (Library) 2:15 PM Begin. Balance (ALC 2) 3:00 PM Accordion Music by David Sesnack (ALC 2) 4:00 PM Valentine's day wreaths (ALC 2) 6:15 PM Bingo Night (Library)</p>	<p>9:30 AM Netflix: Biography (ALC 1) 11:00 AM Chair Yoga (ALC 2)</p> <p>1:00 PM Scrabble Time (Library) 2:30 PM Bingo with Jessica (ALC 2) 3:00 PM Ceramics (NF) 4:00 PM this and that trivia (ALC 2) 6:00 PM Bible Study (Chapel)</p>	<p><b>MOVIE NIGHT</b> 22</p> <p>9:30 AM Netflix: Travel (ALC 1) 10:30 AM Exercise (ALC 2)</p> <p>1:00 PM Hand &amp; Foot (Library) 1:00 PM MOVIES?? 1:30 PM Jingo (ALC 2) 2:15 PM Balance Therapy (ALC 2) 3:00 PM Tea Time and Music by Maddeline (ALC 2)</p>	<p>9:30 AM Netflix: Drama (ALC 1) 10:00 AM Indian Community Church Choir (ALC 2) 11:00 AM Exercise (ALC 2)</p> <p>1:30 PM Trivia Time (ALC 1) 2:30 PM Green tea ice cream (ALC 2) 3:30 PM Happy Nails (ALC 1)</p>
<p>9:15 AM Catholic Communion (NF) 11:00 AM Chapel Service (Chapel)</p> <p>2:00 PM Afternoon Movie &amp; Popcorn: "Notebook" (ALC 1) 4:00 PM Guggenheim (ALC 2)</p>	<p><b>STARBUCKS COFFEE TASTE</b> 25</p> <p>9:30 AM Netflix: Documentary (ALC 1) 10:15 AM Exercise (ALC 2) 11:00 AM Starbucks Coffee Tasting (ALC 1)</p> <p>1:30 PM Resident Council Meeting (Chapel) 3:30 PM Don't Break My Heart Bark (ALC 2) 6:00 PM Rummikub (Library) 7:00 PM Praise &amp; Worship Prayer Meeting (Chapel)</p>	<p>9:30 AM Netflix: Comedy show (ALC 1) 10:30 AM 50's Candy Trivia (ALC 2) 11:00 AM Chair Yoga (ALC 2)</p> <p>1:15 PM Women's Bible Study (Library) 2:15 PM Balance Therapy (ALC 2) 3:00 PM Music with Timo (ALC 1) 4:00 PM Guggenheim (ALC 1)</p>	<p><b>OUTING</b> 27</p> <p>7:00 AM Men's Bible Study (Library) 9:30 AM Dollar Tree Outing</p> <p>1:00 PM Mexican Train (Library) 1:15 PM Prayer Time (Chapel) 2:15 PM Begin. Balance (ALC 2) 3:00 PM Piano Music by Regi (ALC 2) 4:00 PM Crafts with Sarah Jo (ALC 2)</p>	<p>9:30 AM Netflix: Biography (ALC 1) 11:00 AM Chair Yoga (ALC 2)</p> <p>1:00 PM Scrabble Time (Library) 2:30 PM Bingo with Jessica (ALC 2) 3:00 PM Coffee Filter Flowers (ALC 2) 4:00 PM Valentine's day Bookmarks (ALC 2) 6:00 PM Bible Study (Chapel)</p>	<p><i>Activities Calendar for Assisted Living at Lincoln Glen</i></p> <p>Calendar Subject to Change... Please Check the Large Calendar for Updates &amp; Changes</p>	<p><b>VAN SERVICE AVAILABLE</b> Please Contact Diane (408) 265-3222</p>