

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <div style="background-color: red; color: white; padding: 20px; font-size: 48px; font-weight: bold; text-align: center;">FEBRUARY</div>				1	2	3	4
				8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Travel Time 11:00 AM Bingo 12:00 PM Lunch 2:45 PM Balloon Toss 4:00 PM Music 6:45 PM Viewing Choice	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Cooking Channel 11:00 AM Valentine Jingo (AS) 12:00 PM Lunch 2:45 PM Games (AS) 4:00 PM Balloon Toss 6:45 PM Movie Night	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Resident's Choice 11:00 AM Bingo 12:00 PM Lunch 3:30 PM Games 4:00 PM Travel Video 6:45 PM Viewing Choice	
4	5	6	7	8	9	10	
8:00 AM Breakfast 9:15 AM Catholic Services on TV 11:00 AM Inspirational TV 12:00 PM Lunch 3:30 PM Game time 6:45 PM Nature Video	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Cooking Channel 11:00 AM Bingo 12:00 PM Lunch 3:00 PM Trivia 4:00 Balloon Toss 6:45 PM Resident's Choice	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Travel Time 11:00 AM Jingo (AS) 12:00 PM Lunch 3:00 PM Valentine Wreath Making 4:00 PM Games 6:45 PM Viewing Choice	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Cooking Channel 11:00 AM Games/Walks (AS) 12:00 PM Lunch 3:00 PM Music and Movement 4:00 PM Balloon Toss 6:45 PM Movie Night	8:00 AM Breakfast 9:45 AM Exercise 10:00 AM Travel Time 11:00 AM Harp Music by Angel 12:00 PM Lunch 3:00 PM Watercolors with hearts 4:00 PM Balloon Toss 6:45 PM Viewing Choice	8:00 AM Breakfast 9:30 AM Exercise 10:30 AM Cooking Channel 11:00 AM Valentine Card Making 12:00 PM Lunch 2:45 PM Puzzle Time 4:00 PM Resident's Choice 6:45 PM Movie Night	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Resident's Choice 11:00 AM Bingo 12:00 PM Lunch 2:30 PM Games 4:00 PM Travel Video 6:45 PM Viewing Choice	
11	12	13	14	15	16	17	
8:00 AM Breakfast 9:15 AM Catholic Services on TV 11:00 AM Inspirational TV 12:00 PM Lunch 4:00 PM Games 6:45 PM Travel Video	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Cooking Channel 11:00 AM Bingo 12:00 PM Lunch 3:00 PM Puzzle Time 4:00 PM Basketball 6:45 PM Resident's Choice	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Cooking Channel 11:00 AM Sing along 12:00 PM Lunch 3:00 PM Puzzle Time 3:30 PM Balloon Toss 6:45 PM Viewing Choice	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Cooking Channel 11:00 AM Games/Walks (AS) 12:00 PM Lunch 3:00 PM Music and Movement 4:00 PM Valentine Party 6:45 PM Movie Night	8:00 AM Breakfast 9:30 AM Inspiration Time 10:00 AM Exercise 11:00 PM Bowling (AS) 12:00 PM Lunch 2:45 PM Dominoes 4:00 PM Balloon Toss 6:45 PM Viewing Choice	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Cooking Channel 11:00 AM Guggenheim (AS) 12:00 PM Lunch 2:30 PM Games (AS) 4:00 PM Conversation Cards 6:45 PM Movie Night	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Resident's Choice 11:00 AM Bingo 12:00 PM Lunch 2:30 PM Games 4:00 PM Travel Video 6:45 PM Viewing Choice	
18	19	20	21	22	23	24	
8:00 AM Breakfast 9:15 AM Catholic Services on TV 11:00 AM Inspirational TV 12:00 PM Lunch 4:00 PM Balloon Toss 6:45 PM Nature Video	8:00 AM Breakfast 9:30 AM Exercise 10:15 AM Cooking Channel 11:00 AM Bingo 12:00 PM Lunch 3:00 PM President's Day Activity 4:00 PM Bingo 6:45 PM Resident's Choice	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Exercise 11:00 AM Jingo (AS) 12:00 PM Lunch 3:00 PM Dominoes 4:30 PM Travel Video 6:45 PM Viewing Choice	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Cooking Channel 11:00 AM Bingo(AS) 12:00 PM Lunch 2:15 PM Accordion Music! 4:00 PM Balloon Toss 6:45 PM Movie Night	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Travel Time 11:00 AM Games/Walks (AS) 12:00 PM Lunch 2:45 PM Marker Art 4:00 PM Resident's Choice 6:45 PM Viewing Choice	8:00 AM Breakfast 9:30 AM Exercise 10:30 AM Cooking Channel 11:00 AM Bingo (AS) 12:00 PM Lunch 2:30 PM Games 4:00 PM Balloon Toss 6:45 PM Movie Night	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Resident's Choice 11:00 AM Bingo 12:00 PM Lunch 2:30 PM Games 4:00 PM Travel Video 6:45 PM Viewing Choice	
25	26	27	28	<div style="background-color: red; color: white; padding: 40px; font-size: 72px; font-weight: bold;">2018</div>			
8:00 AM Breakfast 9:15 AM Catholic Services on TV 11:00 AM Inspirational TV 12:00 PM Lunch 4:00 PM Balloon Toss 6:45 PM Travel Video	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Travel Time 11:00 AM Bingo 12:00 PM Lunch 3:00 PM Games 4:00 Balloon Toss 6:45 PM Resident's Choice	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Cooking Channel 11:00 AM Jingo 12:00 PM Lunch 3:00 PM Sing-Along 4:00 Balloon Toss 6:45 PM Resident's Choice	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Travel Time 11:00 AM Bingo(AS) 12:00 PM Lunch 3:00 PM Music and Movement 4:00 PM Balloon Toss 6:45 PM Movie Night				
<div style="border: 1px solid black; padding: 10px; width: fit-content; margin: auto;"> Calendar is subject to changes. Any changes that come up will be announced and posted on-site. </div>			<div style="background-color: red; color: white; padding: 10px; font-size: 24px; font-weight: bold;"> <i>Activities Calendar for Sunshine Alley</i> </div>		Lincoln Glen Manor 2671 Plummer Ave. San Jose, CA 95125 (408) 265-3222		