

# December 2018

**LINCOLN GLEN  
NURSING FACILITY**  
2671 Plummer Ave.  
San Jose, CA 95125  
(408) 265-3222



| Sunday   | Monday   | Tuesday   | Wednesday   | Thursday  | Friday  | Saturday  |
|--|--|---|---|---|---|---|
|  |  |   |   |   |   | <p>9:00 AM Balloon Toss – Apricot<br/>10:00 AM Coffee Time<br/>10:15 AM Daily Devotions<br/>10:30 AM Dance Performance By Center Stage Dance Group<br/>1:30 Bingo! Bingo!<br/>3:00 Happy Nails<br/>4:00 Travel Time: France</p> |
| <p>9:15 AM Catholic Communion<br/>10:00 AM Church (Blossom Lounge)<br/>10:45 AM Alternate Choice – Cherry Grove Morning TV</p> <p>1:30 Hand Massage and Conversation<br/>2:00 PM Bingo! Bingo!<br/>3:30 PM Carolers from Westgate Church</p> | <p>9:00 AM Sensory Activities<br/>10:00 AM Coffee and Juice Social<br/>10:30 Am Inspiration Time<br/>11:00 AM Exercise</p> <p>1:30 PM Fitness Room Exercise<br/>2:30 PM Pedalers<br/>3:30 PM Keyboard Music with Bill Martin</p>   | <p>9:00 AM Sensory Activities<br/>10:00 AM Coffee Time<br/>10:30 Am Inspiration Time<br/>11:00 AM Sit and Be Fit<br/>1:30 PM Movie time- It happen in Brooklyn<br/>1:30 PM Escorts down to Foxworthy<br/>2:00 PM Cookie Baking!<br/>3:30 PM Reminisce Reading</p>                       | <p>9:00 AM Music &amp; Memory – Apricot<br/>10:00 AM Coffee Time<br/>10:15 AM Story Time with Danni Burton</p> <p>1:30 PM Bingo! Bingo!<br/>3:00 PM Tree trimming and Hot Cocoa/Egg Nog in Blossom Lounge<br/>4:00 PM Music by Young at Heart</p>     | <p>Volunteer Orientation</p> <p>9:00 AM Sensory<br/>10:00 AM Coffee Time<br/>10:15 AM Stretch &amp; Breathe<br/>11:00 AM Musical Moment</p> <p>1:30 PM Fitness Room Exercise<br/>2:15 PM Basketball<br/>4:00 PM Ceramics (Painting)</p>                                       | <p>9:00 AM Sensory<br/>10:00 AM Coffee &amp; Juice Social<br/>10:30 AM Chicken Soup for the Soul<br/>11:00 AM Exercise</p> <p>1:30 PM Christmas Wreath Making<br/>3:00 PM Candy Cane Milkshakes<br/>4:00 PM Music by Timo</p>   | <p>9:00 AM Sensory<br/>10:00 AM Coffee Time<br/>10:15 AM Daily Devotions<br/>10:30 AM Exercise</p> <p>1:30 PM Bingo! Bingo!<br/>3:00 PM Hand Massage/Happy Nails<br/>3:30 PM Christmas Art</p>                                  |
| <p>9:15 AM Catholic Communion<br/>10:00 AM Church (Blossom Lounge)<br/>10:45 AM Alternate Choice -TV (Cherry Grove Hall)</p> <p>1:30 PM Hand Massage and Conversation<br/>2:30 PM Bingo! Bingo!<br/>3:00 PM Christmas Carolers visit</p>     | <p>9:00 AM Sensory Activities<br/>10:00 AM Coffee and Juice Social<br/>10:30 Am Inspiration Time<br/>11:00 AM Exercise</p> <p>1:30 PM Fitness Room Exercise<br/>2:15 PM Furry Friends Pet Therapy Visit<br/>3:00 PM Rockin' Around the Christmas Tree Party<br/>4:15 PM Reminisce Reading</p>  | <p>9:00 AM Sensory Activities<br/>10:00 AM Coffee Time<br/>10:30 AM Inspiration Time<br/>10:45 AM Music with Larry &amp; Ouida</p> <p>1:30 PM Balloon Toss<br/>2:30 PM Songs around the Christmas tree<br/>4:30 PM Good World News</p>  | <p>9:00 AM Music &amp; Memory- Apricot<br/>10:00 AM Coffee &amp; Juice Social<br/>10:30 AM St. Chris. 4<sup>th</sup> Grade Caroling</p> <p>1:30 PM Bingo! Bingo!<br/>3:00 PM Guggenheim<br/>4:00 PM Music by Young at Heart with Karin Phoenix</p>    | <p>9:00 AM Sensory<br/>10:00 AM Coffee and Scone Time<br/>10:15 AM Stretch &amp; Breathe<br/>11:00 AM Musical Moment</p> <p>1:30 PM Fitness Room Exercise<br/>2:15 PM Christmas Tree Crafts :Decor<br/>3:30 PM Christmas Trivia<br/>4:30 PM Girl Scout Daisies carol here</p> | <p>9:00 AM Sensory<br/>10:00 AM Coffee &amp; Juice Social<br/>10:30 AM Preschool carolers<br/>11:00 AM Exercise</p> <p>1:30 PM Christmas cooking- Parfaits<br/>3:00 PM Basketball<br/>4:00 PM Music by Carol Thorson</p>  | <p>9:00 AM Sensory<br/>10:00 AM Coffee Time<br/>10:15 AM Daily Devotions<br/>10:30 AM Exercise</p> <p>1:30 PM Bingo! Bingo!<br/>3:00 PM Trivia<br/>4:00 PM Music by Brad Bryant</p>   |
| <p>9:15 AM Catholic Communion<br/>10:00 AM Church (Blossom Lounge)<br/>11:00 AM Evergreen Girl scout Carolers</p> <p>2:30 PM Bingo! Bingo!<br/>3:00 PM Caroling<br/>4:00 PM Hymns with Sara Jo Larsen</p>                                    | <p><b>Men's Luncheon</b></p> <p>9:00 AM Sensory Activities<br/>10:00 AM Coffee and Juice Social<br/>10:30 AM Holiday Concert (Skylark)<br/>12:00 PM Men's Luncheon<br/>1:30 PM Fitness Room Exercise<br/>3:00 PM Pedalers<br/>4:00 PM Christmas Card Making<br/>5:30 PM Strolling Guitar by Chip Curry<br/>*Last day for gift Wish Tree drop off</p> | <p>9:00 AM Sensory Activities<br/>10:00 AM Coffee Time<br/>10:30 AM Inspiration Time<br/>11:00 AM Exercise</p> <p>1:30 PM Resident Council Mtg.<br/>1:30 PM Netflix Holiday movie<br/>3:30 PM Keyboard Music by Bill Martin<br/>6:00 PM Neighborhood/Downtown Christmas Lights Tour</p> | <p>9:00 AM Music &amp; Memory- Apricot<br/>10:00 AM Coffee &amp; Juice Social<br/>10:15 AM Daily Devotions<br/>10:30 AM Lets Get Moving Exercise</p> <p>1:30 PM Bingo! Bingo!<br/>3:00 PM Guggenheim<br/>4:00 PM Accordion Music by David Sesnack</p> | <p>9:00 AM Sensory<br/>9:30 AM Carolers Sing<br/>10:00 AM Coffee Time<br/>10:15 AM Daily Devotions<br/>10:30 AM Sit &amp; Be Fit</p> <p>1:30 PM Fitness Room Exercise<br/>2:15 PM Horse Shoes<br/>4:00 PM Ceramics (Building)</p>   | <p><b>First Day of Winter</b></p> <p>9:00 AM Sensory<br/>10:00 AM Coffee &amp; Juice Social<br/>10:30 AM Chicken Soup for the Soul<br/>10:30 AM Exercise</p> <p>1:30 PM Christmas Jingo<br/>3:00 PM Christmas Coloring<br/>4:00 PM December Birthday Party with Piano Music By Dave Coldren<br/>5:30 PM Santa arrives!!</p> | <p>9:00 AM Sensory<br/>10:00 AM Coffee Time<br/>10:15 AM Daily Devotions<br/>10:30 AM Indian Community Church Choir</p> <p>1:30 PM Bingo! Bingo!<br/>3:00 PM Hand Massage/Happy Nails<br/>4:00 PM Travel Time: Italy</p>        |
| <p>9:15 AM Catholic Communion<br/>10:00 AM Church (Blossom Lounge)<br/>10:45 AM Alternate Choice -TV (Cherry Grove Hall)</p> <p>1:30 PM Bingo! Bingo!<br/>3:00 PM Christmas Movie: Elf</p>   | <p><b>Christmas Eve</b></p> <p>9:00 AM Sensory Activities<br/>10:00 AM Coffee and Juice Social<br/>10:30 AM Inspirational Reading<br/>11:00 AM Exercise<br/>1:30 PM Fitness Room Exercise<br/>3:00 PM Pedalers<br/>3:30 PM Skee Ball<br/>4:00 PM Reminisce Reading</p>   | <p><b>Christmas Day!</b></p> <p>9:00 AM Sensory<br/>10:00 AM Coffee Time<br/>10:15 AM Daily Devotions<br/>10:30 AM Sit &amp; Be Fit<br/>1:30 PM Christmas Movie-White Christmas<br/>3:30 PM Hand Massage and Reminisce Reading</p>  | <p>9:00 AM Music &amp; Memory – Apricot<br/>10:00 AM Coffee &amp; Juice Social<br/>10:15 AM Daily Devotions<br/>10:30 AM Lets Get Moving Exercise</p> <p>1:30 PM Bingo! Bingo!<br/>3:00 PM Guggenheim<br/>4:00 PM Piano Music by Regi</p>             | <p>9:00 AM Sensory<br/>10:00 AM Coffee Time<br/>10:15 AM Daily Devotions<br/>10:30 AM Stretch &amp; Breathe</p> <p>1:30 PM Fitness Room Exercise<br/>2:15 PM Target Toss<br/>3:00 PM Watercolors<br/>4:00 PM Trivia</p>   | <p>9:00 AM Sensory<br/>10:00 AM Coffee &amp; Juice Social<br/>10:30 AM Chicken Soup for the Soul<br/>11:00 AM Exercise</p> <p>1:30 PM Snowflake Painting<br/>3:00 PM Pecan Praline Milkshakes<br/>4:00 PM Music with Maddeline</p>  | <p>9:00 AM Sensory<br/>10:00 AM Coffee Time<br/>10:15 AM Daily Devotions<br/>10:30 AM Exercise</p> <p>1:30 PM Bingo! Bingo!<br/>3:00 PM Hand Massage/Happy Nails<br/>4:00 PM Travel Time: Rhine &amp; Danube</p>                |
| <p>9:15 AM Catholic Communion<br/>10:00 AM Church (Blossom Lounge)<br/>10:45 AM Alternate Choice -TV (Cherry Grove Hall)</p> <p>1:30 PM Bingo! Bingo!<br/>3:00 PM Christmas Movie: Meet Me in St. Louis with Judy Garland</p>                | <p><b>New Year's Eve</b></p> <p>9:00 AM Sensory Activities<br/>10:00 AM Coffee and Juice Social<br/>10:30 AM Inspirational Reading<br/>11:00 AM Exercise<br/>1:30 PM Fitness Room Exercise<br/>3:00 PM Pedalers<br/>4:00 PM New Year's Eve Party with Wiley</p>  | <p><b>ACTIVITY CALENDAR for LINCOLN GLEN NURSING FACILITY</b><br/>Calendar Subject to Change. Please Check the Large Calendar for Updates &amp; Changes</p>   |   |   |   |   |