

Activities Calendar for Lincoln Glen Memory Care "Sunshine Alley"

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<h1>APRIL 2017</h1>			Lincoln Glen Manor 2671 Plummer Ave. San Jose, CA 95125 (408) 265-3222		8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Balloon Toss 11:00 AM Bingo 12:30 PM Lunch 2:30 PM Games 4:00 PM Residents' Choice 6:45 PM Viewing Choice
8:00 AM Breakfast 9:15 AM Catholic Communion 11:00 AM Chapel Service (Chapel) 12:30 PM Lunch 4:00 PM Balloon Toss 5:00 PM Residents' Choice 6:45 PM Nature Video	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Cooking Channel 11:00 AM Guggenheim (AS) 12:30 PM Lunch 2:45 PM April Showers Art (AS) 4:00 PM Balloon Toss 6:45 PM Viewer's Choice	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Cooking Channel 11:00 AM Springtime Jingo (AS) 12:30 PM Lunch 2:45 PM Making Donuts 4:00 PM Special Spring Movie 6:45 PM Travel Video	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Cooking Channel 11:00 AM Games/Walks (AS) 12:30 PM Lunch 2:45 PM Music and Movement 4:00 PM Basketball 6:45 PM Movie Night	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Cooking Channel 11:00 AM Games/Walks (AS) 12:30 PM Lunch 2:45 PM Sing-Along with Janice 4:00 PM Guitar Music by Mike 6:45 PM Travel Video	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Cooking Channel 11:00 AM Bingo (AS) 12:30 PM Lunch 3:30 PM 15 Minute Workout 4:00 PM Sing-along with CD 6:45 PM Viewing Choice	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Balloon Toss 11:00 AM Bingo 12:30 PM Lunch 2:30 PM Games 4:00 PM Residents' Choice 6:45 PM Viewing Choice
8:00 AM Breakfast 9:15 AM Catholic Communion 11:00 AM Chapel Service (Chapel) 12:30 PM Lunch 4:00 PM Balloon Toss 5:00 PM Residents' Choice 6:45 PM Travel Time	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Cooking Channel 11:00 AM Guggenheim (AS) 12:30 PM Lunch 3:00 PM Furry Friends Come 4:00 PM Sing-Along with Janice 6:45 PM Viewer's Choice	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Cooking Channel 11:00 AM Gardening (AS) 12:30 PM Lunch 2:45 PM Easter Clothes AS 4:30 PM Residents' Choice 6:45 PM Travel Video	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Cooking Channel 11:00 AM Games/Walks (AS) 12:30 PM Lunch 2:45 PM Music and Movement 4:00 PM Balloon Toss 6:45 PM Movie Night	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Cooking Channel 11:00 AM Harp Music by Angel 12:30 PM Lunch 2:45 PM Balloon Toss 4:00 PM Easter Egg Art 6:45 PM Viewing Choice	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Cooking Channel 11:00 AM Bingo (AS) 12:30 PM Lunch 3:30 PM 15 Minute Workout 4:00 PM Balloon Toss 6:45 PM Viewing Choice	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Balloon Toss 11:00 AM Bingo 12:30 PM Lunch 2:30 PM Games 4:00 PM Residents' Choice 6:45 PM Viewing Choice
Happy Easter! 8:00 AM Breakfast 9:15 AM Catholic Communion 11:00 AM Chapel Service (Chapel) 12:30 PM Lunch 4:00 PM Balloon Toss 5:00 PM Residents' Choice 6:45 PM Nature Video	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Cooking Channel 11:00 AM Guggenheim (AS) 12:00 PM Lunch 2:45 PM Name Three Things 4:00 PM Balloon Toss 6:45 PM Viewer's Choice	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Cooking Channel 11:00 AM Jingo (AS) 12:30 PM Lunch 2:45 PM Spring Art (AS) 4:30 PM Residents' Choice 6:45 PM Viewing Choice	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Cooking Channel 12:30 PM Lunch 2:45 PM Music and Movement 4:00 PM Basketball 6:45 PM Movie Night	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Cooking Channel 11:00 AM Games/Walks (AS) 12:30 PM Lunch 2:45 PM Spring Watercolor AS 4:00 PM Balloon Toss 6:45 PM Viewing Choice	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Cooking Channel 11:00 AM Games/Walks (AS) 12:30 PM Lunch 3:30 PM 15 Minute Workout 4:00 PM Music 6:45 PM Viewing Choice	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Balloon Toss 11:00 AM Bingo 12:30 PM Lunch 2:30 PM Games 4:00 PM Residents' Choice 6:45 PM Viewing Choice
8:00 AM Breakfast 9:15 AM Catholic Communion 11:00 AM Chapel Service (Chapel) 12:30 PM Lunch 2:00 PM Bingo 5:00 PM Residents' Choice 6:45 PM Travel Video	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Cooking Channel 11:00 AM Guggenheim (AS) 12:30 PM Lunch 2:45 PM Dominoes 3:00 PM Sing-Along with Janice 6:45 PM Viewers' Choice	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Cooking Channel 11:00 AM (AS) 12:30 PM Lunch 2:45 PM Basketball (AS) 4:00 PM Residents' Choice 6:45 PM Travel Video	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Cooking Channel 11:00 AM Games/Walks (AS) 12:30 PM Lunch 2:45 PM Music and Movement 4:00 PM Bingo 6:45 PM Movie Night	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Cooking Channel 11:00 AM Games/Walks (AS) 12:30 PM Lunch 2:45 PM Spring Gardening (AS) 4:00 PM Balloon Toss 6:45 PM Travel Video	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Cooking Channel 12:30 PM Lunch 3:30 PM 15 Minute Workout 4:00 PM Music 6:45 PM Viewing Choice	8:00 AM Breakfast 9:30 AM Exercise 10:00 AM Balloon Toss 11:00 AM Bingo 12:30 PM Lunch 2:30 PM Games 4:00 PM Travel Video 6:45 PM Viewing Choice

Jokey Time, Riddle Time and American History Trivia Times are done throughout the week, often before lunch.

Any changes in the schedule will be posted in the living room.